

# IMIPAILA IPIRIIDIE Newsletter

I am who I am because of who we are. We are Poudre.

**Main Office:** 970-488-6000

**Attendance:** 970-488-6002

Kathy Mackay Principal

Cori Hixon
Assistant Principal
IB Director

Carey Christensen Assistant Principal Athletic Director

**Bryan Kiel**Assistant Principal
Assessment Director

Kendall Wilson Assistant Principal Activities Director

**Luke Lefurge**Dean of Students A-K

Nick Holley
Dean of Students L-Z







## From PHS Administration

Parents,

We're excited to welcome back our students on October 19th! To clarify, the schedule will be as follows:

October 19th: Freshmen A Group (8:55am-4:05pm) October 20th: Freshmen B Group (8:55am-4:05pm)

October 19th and 20th will be remote learning days for 10th-12th graders.

During these days, we will spend time with students explaining all of the protocols for safe learning in-person. This will include:

- The importance of staying home if a student feels sick
- The requirement of wearing a mask and the proper way to do so
- Our plans for limiting hallway traffic (staggered release times, directional flows of hallways, and restrooms assigned to specific classrooms)
- The importance of social distancing when in rooms or hallways with others
- Protocols for the lunch period, which includes reserving a seat and maintaining social distance
- Procedures to follow if a student feels sick at school

We also want to make these transition days fun! That's why we have activities planned to help our freshmen get to know one another (socially distanced, of course), to learn more about the clubs and activities available at Poudre High School, and to meet the staff who are here to support them during their first year of high school.

Continued...





We know for parents this transition to in-person learning brings with it mixed emotions--both feelings of joy that we're returning to some sense of normalcy and anxiety about our new norm. To help ease some of the anxiety, we've included a number of resources within this newsletter focused on our new protocols for safe learning.

Again, know that the health and wellness of all of our students is our number one priority. We're thankful that we're able to spend time with them personally--even if it's just a couple days per week. Human connection is essential, especially during times like this.

I am who I am because of who we are. We are Poudre.

Sincerely,

PHS Administration

## **Expectations as We Transition to In-Person Learning:**

#### **Student Expectations**

- Students and/or parents will check for signs and symptoms daily.
- Students who are sick must stay home.
- Students will honor school procedures for safety--hallway directional flows, seating assignments, assigned entrances and exits, wearing masks, and social distancing.
- Students who cannot uphold the rules for safety will be sent home to engage in their learning remotely.

## **Parent Expectations**

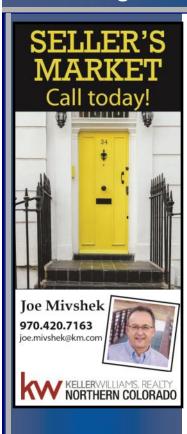
- Complete symptom checks for your children every day.
- Keep your children home if they are sick or show COVID-19 symptoms.
- Provide your children with masks and teach them how to wear and care for masks.
  - Remind your children to maintain safe social distancing.
- Remind your children to wash their hands frequently.
- Honor school procedures for school arrival and departure and school guidelines for visitors.
- Communicate with the school regarding cases and potential exposures.
- Assist your children with accessing teacher learning pages and online learning platforms.

Please refer to the COVID Symptom Protocols on the next few pages.

Continued...







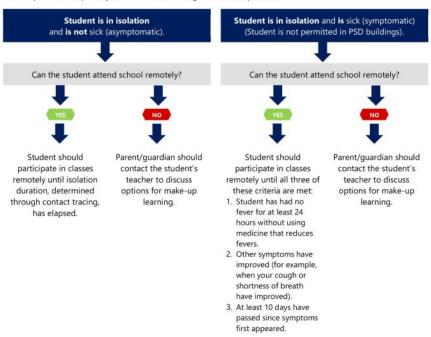


SCHOOL:

Is your student not feeling well? **FOLLOW THESE STEPS and <u>DO NOT</u> SEND YOUR STUDENT TO** 

- Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is ill, may be experiencing COVID-19 symptoms (if this is the case), and/or has been tested for COVID-19.
- 2. Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.
- You will be contacted by the school nurse/health tech and/or PSD's contact tracing liaison or county health contract tracers to answer some specific questions and with next steps to follow.
- 4. If you have not already done so, contact your student's health care provider.

PSD will protect the privacy of individuals through the entire process.



Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC). Updated Sept. 15, 2020

Continued...



# WATER RESTRICTIONS BEGIN OCT. 1

STOP OUTDOOR WATER USE.

HORSETOOTH OUTLET PROJECT





2020-2021 Poudre School District

#### Protocols for Students COVID Workflow

If your student is under quarantine, **FOLLOW THESE STEPS and <u>DO NOT</u> SEND YOUR STUDENT TO SCHOOL:** 

- Contact your student's school attendance line to alert the school that your student will be absent. Please leave a message on this line indicating that your student is under quarantine.
- Contact the School Nurse/Health Tech using the phone number provided on the attendance line and leave a message with information about your student's circumstances.
- 3. If you have not already done so, contact your student's health care provider

PSD will protect the privacy of individuals through the entire process.

#### Student is in quarantine.

If at any time during quarantine a student develops symptoms or is diagnosed with COVID-19, the isolation process must be followed.



Can the student attend school remotely while in quarantine?



NO

Student should participate in classes remotely until quarantine duration, determined through contact tracing, has elapsed. Parent/guardian should contact the student's teacher to discuss options for make-up learning.

#### A full class, cohort, or school is in quarantine.



If an entire class, cohort or school is quarantined all instruction will move to remote learning.

#### QUARANTINE AND ISOLATION INFORMATION

**Isolation** is for those who have symptoms of COVID-19, who are sick, or who have been diagnosed with COVID-19.

**Quarantine** is for those who have potentially been exposed to COVID-19, and who do not have symptoms.

**Exposure** is defined as a household member or other close contact of the staff member who has been diagnosed with COVID-19 or is experiencing COVID-19 symptoms.

LCDHE defines **close contact** as having contact with a positive COVID-19 case for more than 10 minutes and within less than 6 feet. Close contact is also any individual who:

- Provided care for someone who is sick with COVID-19.
- Had direct physical contact with someone who is sick with COVID-19.
- Shared eating or drinking utensils with someone who is sick with COVID-19.
- Got respiratory droplets from someone who is sick with COVID-19 on them (through sneezing, coughing, shouting, etc.).
- Was in the same class/cohort as a person diagnosed with COVID-19.

Sources: Larimer County Department of Health and Environment (LCDHE), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Education (CDE), Centers for Disease Control and Prevention (CDC). Updated Sept. 15, 2020

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Joe Mivshek 970.420.7163
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#### **COVID-19 GUIDANCE**

## Can I go to school today?

At-home symptom screening for parents and staff

Department of Public Health & Environment

Parents and guardians can use these symptom checklists to determine when to keep their child at home based on the level of COVID-19 transmission in their community (e.g. Is the community in Protect Your Neighbor or Safer at Home or Stay at Home). School staff can also use this tool to determine if they need to stay at home. Any student or staff diagnosed with COVID-19 or who is a close contact of a COVID-19 case should not go to school and should isolate or quarantine according to public health recommendations.

These lists refer only to <u>new symptoms or a change in usual symptoms</u>. A student/ staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to your regular school guidance (for example, a child with vomiting should also not attend school based on usual school guidance).

If your child is/ you are experiencing any potentially life-threatening symptoms please call 911.

Low Community Transmission (Protect Your Neighbors):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- ☐ Feeling feverish, having chills, or temperature 100.4F or higher.
- ☐ New or unexplained persistent cough.
- ☐ Shortness of breath.
- $oldsymbol{\square}$  Difficulty breathing.
- Loss of taste or smell.

Sustained Community Transmission (Safer at Home or Stay at Home):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- ☐ Feeling feverish, having chills, or temperature 100.4F or higher.
- New or unexplained persistent cough.
- Shortness of breath.
- Difficulty breathing.
- Loss of taste or smell.
- Fatigue.
- ☐ Muscle aches.
- ☐ Headache.☐ Sore throat.
- Nausea or vomiting.
- Diarrhea.
- Runny nose or congestion.

COVID-19 At-home symptom screening for parents UPDATED 08/10/20

#### **Transportation:**

- Transportation staff are working hard to get routes designed and students assigned to routes for our K-2 restart on Oct 5<sup>th</sup> and the remaining students on October 19<sup>th</sup>.
- When routes are ready to be shared with the community, families will be provided with their transportation information and shared with schools.
- It is likely that K-2 (maybe K-5) families will be notified first, then 6-12 in the following weeks leading up to Oct 19<sup>th</sup>.

## **Bus Capacity is Limited:**

To ensure social distancing, only 22 students are allowed on a bus. PSD has created a 1:22 Ratio Priority List--

- Students with transportation services in IEP
- Students receiving support and services through the McKinney-Vento Act.
- Students in foster homes in need of transportation.
- Learning Priorities
- Vulnerability & Distance

## **SAT Exams**

#### **Attention Class of 2021 - SENIORS**

It's here! After months of quarantine, the SAT has made it to Fort Collins, CO.

Poudre High School will administer the SAT exam for all seniors on Wednesday, October 14, 2020. Registration is not required. Students will complete this <a href="https://forms.gle/XdfztocWuvt34vZ38">https://forms.gle/XdfztocWuvt34vZ38</a> to indicate their interest for the optional essay of the SAT exam. This information will be sent to their PSD email account. The exam will begin at 9 am at Poudre High School. PSD Transportation is still working out logistics with COVID in hopes to provide transportation for students. Both parents and seniors will receive more information via email.

## **PSAT**

PSAT (11th graders): Oct. 29 (no make-up date)

\*students will be registered by PHS for each exam based on their grade level therefore, students do not need to register for the exam themselves.

For further questions, contact
Greg Piccolo at <u>gpiccolo@psdschools.org</u> or
Kendall Wilson at <u>kendallw@psdschools.org</u>



## **Fall Administration for SAT and PSAT**

Fall administration for 12<sup>th</sup> grade SAT will be Wed, October 14, 2020 at PHS and 11<sup>th</sup> grade PSAT will be Wed, October 29, 2020 at PHS.

These assessments provide students the opportunity to take the SAT or PSAT in place of the spring 2020 SAT and PSAT school-day exams that were not administered. Test dates may be canceled in the event of a local or regional school closure related to the COVID-19 pandemic. In the event of closure, additional test dates are not expected to be scheduled, but students may have the option to take the assessment on a Saturday administration.

Please note that this date is assigned by College Board and falls on the last week of our academic semester.

The make-up date for 12<sup>th</sup> grade SAT is Oct. 27<sup>th</sup>. Seniors who need to be in class on Oct. 14<sup>th</sup> can take the SAT on Oct. 27<sup>th</sup>, the make-up date. There is no make-up date offered for the PSAT for 11<sup>th</sup> graders.

## **FAQs**

- Do students need to register to take the exam?
  - No. All PHS students are automatically enrolled for the exam, regardless if they plan to take it or not. Our PHS students include our Impalas who are PSD Virtual this year.
- Will the district provide transportation?
  - This information has not been confirmed at this time. As soon as we receive this information, we will communicate it to both students and staff.

## **SAT / PSAT contacts:**

Carol Yaussi | cyaussi@psdschools.org
Greg Piccolo | gpiccolo@psdschools.org
Kendall Wilson | kendallw@psdschools.org

## **1st Quarter Finals**

1st quarter finals will be as follows:

- October 12th Monday
  - ° Regular block schedule times
- October 13th Tuesday
  - ° Finals in Periods 1 & 3
  - ° students will attend periods 2&4
  - Regular block schedule times
- October 14th Wednesday 12th grade SAT Day
  - ° Regular block schedule for others
  - ° Students can utilize periods 1&3 for make up finals or schedule finals for 0 or 5th hour classes
  - ° Regular block schedule times
- October 15th Thursday
  - ° Finals Periods 2 & 4
  - Students will attend periods 1&3 or schedule make up exams or take finals for 0 or 5th hour classes
  - ° Regular block schedule times
- October 16th Friday No School

Finals Schedule for Quarter Classes Or Midterm Exams for Semester Classes	Finals Schedule <b>Q1</b>			Finals Schedule <b>Q1</b>		
	13-Oct-20			15-Oct-20		
	Period	Start Time	End time	Period	Start Time	End time
	Exam - Period 1	8:55	10:25	1	8:55	10:25
	2	10:35	12:05	Exam - Period 2	10:35	12:05
	Lunch	12:05	12:55	Lunch	12:05	12:55
	Exam - Period 3	12:55	2:25	3	12:55	2:25
	4	2:35	4:05	Exam - Period 4	2:35	4:05



## **Virtual Spirit** Week

PHS Student Leadership is hosting a virtual spirit week October 5 - 9, 2020!

The theme of the week is "QUARAN-TEAM, we're all in this together!"

## Monday:

Event: Senior Car Parade Spirit Theme: Disney Day

## **Tuesday:**

**Event: Cooking Challenge** Spirit Theme: Dance Off Tuesday

#### Wednesday:

**Event: Moonlight Bowling** Spirit Theme: Rewind (decades)

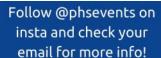
## Thursday:

Event: Day of Talent Spirit Theme: Bring your pet to school day

## Friday:

**Event: BINGO** Spirit Theme: PHS Spirit

Natalie Stockley | nstockley@psdschools.org Denny Bain | dbain@psdschools.org PHS Student Leadership Advisors





## Poudre High School Presents:

## **OUARAN-TEAM:** We're all in this together!

Virtual Spirit week Oct. 5th - 9th





Mon.



Tue.



Wed.



Thu.



Fri.

#### **Spirit Theme:**

Disney Day

## Event:

PHS School-Wide Car Parade **Honoring Seniors** Meet @PHS 4:30pm



#### **Spirit Theme:**

Show off your Favorite Team

#### **Event:**

Cooking Challenge Make your favorite dish!

#### Spirit Theme:

Rewind - Escape 2020 by dressing like a past decade

#### **Event:**

Moonlight Bowling 5-8pm North College Chippers Lanes

## **Spirit Theme:**

Bring your pet to school day

#### **Event:**

Day of Talent Create a 30sec video of your talent

## **Spirit Theme:**

PHS Spirit

#### **Event:**

BINGO - fill out the google form if you want to play! https://forms.gle/4yTWeg1qtNp HBDdK7







## **Important Reminders from the School Nurses**

As we prepare to transition from online learning to hybrid/in-person learning it is important that you let us know about your child's health concerns.

Your child is unique. Please give us the details that will help us be of assistance to your child at school. If he/she has a health concern, contact your school health office. Information you provide will be reviewed by the school nurse and a Health Care Plan may be developed.

#### **Medication at School**

All medication given at school, whether doctor prescribed or over the counter, must be accompanied by PSD Authorization to Administer medication form (available on the PSD website under the Parent, tab, Health services), signed by both the parent/guardian and the physician. Medication must be provided and brought to school by a parent, in the



original prescription bottle or over the counter container. Pharmacists may provide you with two bottles if you ask them to label one for school use. If medication changes or medication is discontinued during the school year, please have the child's doctor fax us the new or correct orders.

Authorization for medication administration MUST BE COMPLETED YEARLY and health care plans updated annually.

#### **Phone Numbers**

It is important that we have your home and work phone numbers, as well as emergency contact(s) and phone numbers(s). Should your child become ill or hurt while at school, we **MUST** be able to reach you. If changes occur during the school year, please notify the school office.

Thank you for your cooperation. If you have questions or need addition information, please call.

Health Tech: **Brittany Marschman** Email: **bmarschman@psdschools.org** 

Phone: 970-488-6050 Fax: 970-488-6060

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## **From the Counseling Office**

## Schedule changes

2<sup>nd</sup> quarter schedule changes are available until Wednesday, October 21, 2020.

The last day to withdraw from classes will be Friday, October 23, after that a withdraw results in F.

Make sure to schedule in advance to meet with your counselor for schedule changes.

**Seniors**: Please schedule a **senior conference** with your counselor in October. This conference will review your graduation status and the planning process for your postsecondary goals.

## **College Application Information**

NEW!! College planning resources site that we encourage you to review.

https://sites.google.com/psdschools.org/poudreseniorplanning/home

Counselors will help students with the college application process during their **senior conference**. PHS will send official transcripts, school reports, and counselor recommendations (as required) to the colleges that students are applying to. These components are required for each application.

Follow the instructions for requesting a transcript

https://sites.google.com/psdschools.org/poudreseniorplanning/home/transcript-requests

- For Common App applications invite your counselor in your common app account.
- For Coalition App applications invite your counselor in your coalition account.
- For University specific applications request your transcript in Xello.

Pay the Transcript Fee via School Pay, <a href="https://psdschools.schoolpay.com/">https://psdschools.schoolpay.com/</a>

- \$3.00 one-time for Common App and Coalition App applications.
- \$3.00 for each University application
- Fee waived for students receiving free/reduced lunch. If you need assistance please talk with your school counselor for accommodations to help with college fees.

Pay careful attention to the college application deadlines. Counselors need a minimum of TWO WEEKS prior to any application deadline to complete the school report and counselor recommendation.

Does your application require teacher recommendations? Make the request in person and in your college application, giving the teachers a minimum of TWO WEEKS prior to any application deadline to complete the teacher evaluation and recommendation.

Applying for financial aid? For students starting college in Fall 2021 the Free Application for Federal Student Aid (FAFSA) will available starting October 1, 2020. Follow the specific college's recommendation as to when it should be completed by. <a href="https://fafsa.ed.gov/index.htm">https://fafsa.ed.gov/index.htm</a>

Talk to your school counselor for help with any application components.

Jeff Schelly, jschelly@psdschools.org Lauren Kiel, lkiel@psdschools.org

Matt Miltenberg, mmiltenberg@psdschools.org Jazmin Rodriguez, jazminr@psdschools.org

Greg Piccolo, <u>gpiccolo@psdschools.org</u>

Kim Wilder, <u>kwilder@psdschools.org</u>

Alan Flores, alflores@psdschools.org Cassie Poncelow, cponcelo@psdschools.org

Kathleen McCormack, kmccorma@psdschools.org

## Follow PHS on Social Media

Stay in touch with Poudre High School using social media.



Twitter: https://twitter.com/impalatweets



Instagram: www.instagram.com/poudre impalas/



Facebook: www.facebook.com/Poudre-High-School-Official-284858671543939/

## **Updated Version of Career Cruising**

Poudre School District would like to introduce the new updated version of Career Cruising, Say Hello to Xello!



Xello is an engaging online program that helps students build the skills, knowledge and plans to be future ready. The program uses an investigative, discovery-based learning process. Students will better understand themselves, their future career options, and the 21st century skills they'll need to succeed.

Students can access Xello through the <u>Clever</u> shortcut on their PSD laptops or from the Quick Links on their school homepage.

Parents and Staff can also click **HERE** to explore xello features including:

- Internships, Apprenticeships, Job-Shadows, Paid Work, and More!
- Explore careers and connect with local businesses
- Set goals and create your 4-year academic course plan
- Free online prep for SAT and ACT
- Explore colleges and manage applications



We hope you're just as excited as we are about this new program and helping every student be future ready!

If you need help or have any questions, please visit: xello.psdschools.org

or contact:

Tanya Alcaraz - PSD Career and Technical Education Coordinator talcaraz@psdschools.org

## **Free Application Day for Colorado Colleges**

October 13, 2020

Watch Governor Polis's announcement here:

https://youtu.be/Ft DSKbBwAY

View this message in **español** (Spanish)

To inspire more Coloradans to continue their education, all 32 public colleges and universities in Colorado and several private institutions will allow students to apply for free on Tuesday, Oct. 13 as part of the third Colorado Free Application Day.

Colorado Free Application Day caps off Colorado Applies Month, a five-week campaign that guides 11th- and 12-grade students and adult job seekers along the application process. Admissions application information for each institution will available on the campaign website soon, and fees will be waived for applications submitted on Oct. 13 only.

The high school graduating class of 2021 will also have the option to include or not include their SAT or ACT scores with their college applications as Colorado colleges have implemented a "test-optional" policy making the college application process even easier for students this year. To learn more about the test-optional policy **click here**.

The statewide push is designed to increase Colorado's stagnant college-going and FAFSA completion rates. Despite being one of the most educated states in the country, Colorado sends just 56 percent of high school graduates to a college, university or certificate program, and just 50 percent of students submit a FAFSA application—a key indicator of students' likelihood to continue their education.

By removing barriers for students to achieve a credential, Colorado can increase the number of students who complete their programs and enter the workforce with a degree or competitive skills. Nearly 75 percent of Colorado jobs require a postsecondary credential. Colorado Free Application Day encourages residents to live up to their fullest potential.

#### **Application Instructions**

Select the above link to find application fee waiver instructions for each participating college and university in Colorado.

## Helping you reach higher

My Colorado Journey has resources that help you discover your talents and interests, find a matching education or training program and successfully submit an application.

#### What's next?

After you apply, it's important to file the <u>Free Application for Federal Student Aid (FAFSA)</u>. The FAFSA is your ticket to grants, scholarships and work study positions that can put college in reach. <u>Learn how you can get your piece of the pie!</u>

## Online Concurrent Enrollment Agreement form







Congratulations on your decision to get a jump-start on your college coursework! Students who participate in Concurrent Enrollment have better success and are more likely to graduate from college.

Here are your next steps:

Apply to Front Range Community College and record your S# - you will need it often\*!

https://www.frontrange.edu/getting-in/admissions/apply-now

• Complete your Concurrent Enrollment Agreement form:

https://frontrange.formstack.com/forms/psd\_ce\_agreement

A parent signature is required - you can either:

- \* Fill out the form with your parent present to sign it OR
- \* Complete the form without your parent and email them a copy to sign at the end.

You will be prompted to set a password for the document to share with your parent.

If you forget your password, it cannot be recovered. You will need to start over on the form if that happens.

- When the form is complete with all signatures, click SUBMIT and a copy of the form will be directed to you, your parent, your high school counseling office, and the school district.
- Final Steps:
  - If you are enrolling in the High School Select program (classes at your high school), no additional steps are needed.
  - If you are enrolling in the Campus Select program (classes on FRCC campus), you will need to complete an online orientation and register for your classes before the first day of classes.

Online orientation: https://www.surveymonkey.com/r/CampusSelect FRCC-LC

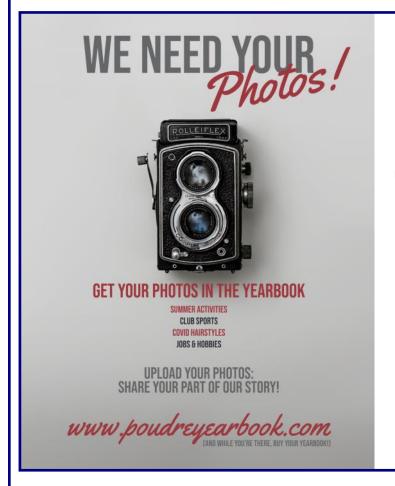
Check in with your counselor to make sure you have all of your paperwork complete!

\*If you need to look up your S# you can do so here:

S-number look up: https://erpdnssb.cccs.edu/PRODCCCS/cccsemail reminder.cccs get snumb

WELCOME TO FRONT RANGE COMMUNITY COLLEGE!

## **Get Your Photos in the Yearbook**



We didn't realize
we were making
memories, we just
knew we were
having fun

## **Poudre Theatre Presents**



seemble of 1 months of 1 month

## **Spring 2021 Youth Apprenticeship Opportunity!**

**Tolmar**, a local pharmaceutical company focused on the development, approval, and commercialization of specialty pharmaceutical products, is hiring for their Manufacturing Technician Apprenticeship to start in January 2021 at their Windsor location on Cornerstone Drive. This apprenticeship is 3 years in duration. Students will pursue the MSSC Certified Production Technician certification. The employer is committed to investing in additional training (either for industry training, credentials, and/or for job-specific college coursework).

Compensation starts at \$13.25/hour. As students will work towards their MMSC certification, they will receive a \$0.25/hour increase for each of the four MSSC modules they complete for a pay of \$14.25/hour.

Students must be 16 years or older before January 2021 and at least a high school junior in the 2020-2021 school year.

#### Who You Are:

- **Team Player:** You are an open communicator who wants to help get things done and gather as much information as possible.
- **Problem Solver:** You use logical thinking, data, and knowledge to solve problems.
- **Mechanical Aptitude:** You like working with your hands; taking things apart and putting them back together.
- **Professionalism:** You are respectful, honest, and focused.
- Accountability: You hold yourself to a high standard and take ownership of your actions.

#### What You Will Do:

Manufacturing Production Technicians set up, test, adjust and run manufacturing machinery and equipment. You will inspect and test both equipment and finished products for flaws. If flaws or failures arise, you will notify the appropriate staff (e.g., supervisors, quality control staff) and help determine the cause of the problem. 5 or less – examples are below. Set up and operate production equipment in accordance with standard operating procedures. Inspect and adjust equipment to ensure quality production, using tools such as calipers, micrometers, height gauges, protractors, or ring gauges. Set up and verify functionality of safety equipment. Troubleshoot problems with equipment, devices, or products. Start up and shut down processing equipment.

A virtual information session will be held October 2nd. Interested candidates should contact Wendy Tomaschow, PHS Work Based Learning Coordinator, at **wtomasch@psdschools.org**.

## Spring 2021 Youth Apprenticeship Opportunity, continued...

## Day of Industry 2020

Inspiring and engaging the next generation of technologists and innovators to empower them to explore STEM careers -- from high school to early college.

Come join HP Inc., Hewlett Packard Enterprise, Intel, Otter Products, and Colorado State University for panel discussions, interactive workshops, and a special keynote speaker to get a glimpse into the world of STEM careers.

## **WHO**

- High school juniors & seniors
- College freshmen & sophomores
- Women and ethnically diverse students are strongly encouraged to apply

#### WHEN

SATURDAY, **NOVEMBER 7<sup>th</sup> 9 AM - 1 PM MST** 

#### **WHERE**

ZOOM VIRTUAL EVENT - We will be 100% virtual Registration is required by October 19th! https://bit.ly/2020DoI-HS

#### Day of Industry 2020 - November 7, 2020

Please fill out to register for Day of Industry 2020 held via Zoom on November 7, 2020 9am-1pm MST. Registration will close on 10/19/2020. If all spots are filled you will be put on a waiting list. Once you sign up and we receive a copy of your filled out release form you will receive via email a link to sign up for workshops. About a week before the event you will receive an email with your event schedule and zoom links for your sessions. If you have any questions, please contact <a href="mailto:dayofindustry@hp.com">dayofindustry@hp.com</a>. Any materials for the Day of Industry will be distributed via your school office/counselor.



## Space is limited!

Contact Wendy Tomaschow, PHS Work Based Learning Coordinator, at wtomasch@psdschools.org with questions.

## VIRTUAL 14E EXPLORATION DAYS

## COME EXPLORE BUSINESS AND ENTREPRENEURSHIP!



Free Virtual Field Trip Opportunity for High School Students

*I4E Exploration Days* is an hour long virtual field trip designed to share information about CSUs College of Business and Institute for Entrepreneurship with schools and students. Students will listen to an overview of the College of Business and Institute for Entrepreneurship, hear from a panel of students and local entrepreneurs, and engage in Q&A with presenters to learn more!

Choose from one of dates and register at: https://bit.ly/31HhZB4

Location: Zoom Time: 1PM - 2PM

Dates: Sept. 15, Oct. 20, or Nov. 19

Register At: https://bit.ly/31HhZB4





# FREE PET CARE CLINIC

FOR PETS OF PEOPLE EXPERIENCING HOMELESSNESS

Every Tuesday afternoon, 2:00pm to 3:00pm The Murphy Center 242 Conifer St, Fort Collins, 80524

## Services Offered:

Physical exams, vaccinations, parasite control, spay/neuter vouchers, pet supplies, and more.

Dogs should be on leashes and cats in carriers.

## COVID precautions:

Please wear a mask (we have them if you need one) and wait outside of the Murphy Center for a volunteer to escort you inside.

## In Partnership With:

Homeward Alliance and Colorado State University

To make an appointment: Please contact The Murphy Center at (970) 494-9940



# Beyond Consequences & Advanced Parenting Skills Class

Beyond Consequences is a unique, relationship-based approach to parenting traumatized children and those with attachment challenges. This approach provides a trauma-informed explanation of "acting out" behaviors. Caregivers will learn how children escalate through behaviors, as well as how to respond to help their children during these times. When children and caregivers expand their ability to emotionally tolerate stressful situations, behavior naturally improves. The class is appropriate for biological parents, adoptive parents, foster parents, and kinship-care providers.

One-on-one coaching sessions are included with this program.

## Some Topics Addressed in This Program:

- Emotional regulation and dysregulation
- Window of stress tolerance
- Trauma and memory
- Acting out behaviors (i.e. lying, stealing, aggression, etc.)
- Signs and stages of verbal and behavioral escalation
- Caregiver responses to decrease escalation
- Setting appropriate and enforceable limits

## When:

September 30 – November 4, 2020 (6 weeks) Wednesdays 5:30 PM – 7:00 PM

#### Where:

ONLINE - ZOOM

Completion of Intake paperwork is required before the first class in order to attend

## Cost:

This program is available at no cost to participants through a grant from the Temple Hoyne Buell Foundation.

Book and all materials are Included.

Email info@childsafecolorado.org or call (970)472-4133 to enroll!

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wwww.childsafecolorado.org • On Twitter: @ChildSafeCO • On Facebook: www.facebook.com/ChildSafeColorado