



IMPALA PRIDE Newsletter

I am who I am because of who we are. We are Poudre.

Main Office:
970-488-6000

Attendance:
970-488-6002

Kathy Mackay
Principal

Cori Hixon
Assistant Principal
IB Director

Carey Christensen
Assistant Principal
Athletic Director

Bryan Kiel
Assistant Principal
Assessment Director

Kendall Wilson
Assistant Principal
Activities Director

Luke Lefurge
Dean of Students A-K

Nick Holley
Dean of Students L-Z



From PHS Administration

Poudre Families,

We are really excited to have our students back in-person! We all recognize the importance of getting students back in the buildings with their teachers and classmates where they learn best, but, please know, that this will be balanced with student and staff safety. The protocols we implemented last semester during hybrid learning will still be in effect. Please see the list of protocols below. At Poudre, we pride ourselves in our spirit of Ubuntu--*I am who I am because of who we are*. When each of us practices these safety measures, this is the ultimate demonstration of Ubuntu. We are personally doing what we can to protect the health of all individuals in our community. Thank you for doing your part!

Sincerely,

Poudre Administration

The Youth Clinic
caring for our future generations

Since 1964 We've Been
Growing Healthy Kids

- Well Care Visits for Kids & Teens
- Designated "Sick" & "Well" Locations
- Phone Nurse Available
- 4 Convenient Locations

Call to Schedule Your Appointment: 970.482.2515



Poudre Protocols for Safety

Coming to School:

Students may only come to school on their designated days. Students in "A" group come to PHS on Mondays and Wednesdays; students in "B" group come on Tuesdays and Thursdays.

- All students will be required to wear their ID's on their lanyards. This allows us to quickly identify PHS students and their assigned group.

Entering the Building:

To limit the number of students entering through one entrance, we have assigned entrances for students based on grade-level.

- 9th grade students enter the Commons doors
10th grade students enter the West Gym doors
11th and 12th grade students enter the Main doors

Carrying School Supplies:

Lockers will not be used this year. Unfortunately, lockers are not 6-feet apart, and oftentimes they become areas to congregate.

- Please use a backpack to carry your school supplies. If you need a backpack, we have some available in the counseling office.

Going to Classrooms:

To limit the two-way traffic in narrow hallways, we have labeled the hallways as one-way or two-way hallways. Please adhere to the directions of each hallway. In some cases, it may require you to take a longer route to the restroom or to another area, but it will limit face-to-face contact with others.

Passing Periods and Lunch:

We also want to limit the number of students in the hallway at one time. Therefore, we have created staggered release times which will be initiated through a "first bell" and a "second bell." This will create a 2-minute staggered release. Specific classes will release students at the first bell and other classes will release students at the second bell.

We also have a staggered release at lunch.

- Seniors and juniors will release at the first bell so that those leaving campus may do so immediately.
Sophomores and Freshmen will be dismissed for lunch on the second bell.

Continued...

Fort Collins Connexion advertisement: YOUR COMMUNITY-DRIVEN AND COMMUNITY-OWNED FIBER NETWORK! NO DATA CAPS! NO CONTRACTS! NO INSTALL FEES! Learn more & sign up for notifications at FCCONNEXION.COM

The Women's Clinic of Northern Colorado advertisement: All Women. Always. Comprehensive women's healthcare for all stages of life. Loveland & Fort Collins. 970.493.7442 womensclinicnoco.com

CLICK IT Click on the Ads in this Newsletter ...to learn more about these great companies!

Columbine Health Systems advertisement: Enroll in our Nursing Assistant Training Program In Ft. Collins, Colorado. Apply via the "Geriatric Education" link on our website. We care. We make a difference, it Matters. www.columbinehealth.com

With COVID-19, things are tough for everyone.

Colorado Spirit has you covered when you need to talk with an understanding voice who can connect you with resources, or just be there to listen.

(970) 221-5551



SUMMITSTONE HEALTH PARTNERS

Poudre Protocols for Safety, continued...

Purchasing Breakfast and/or Lunch at School:

Breakfast:

Sack breakfasts will be handed out by Child Nutrition staff to students who wish to participate in school breakfasts. The cafeteria will serve the meals off the normal serving lines during each school's normal schedules breakfast time (typically 30 minutes before classes start). The entire meal will be in sacks and students who want to participate in breakfast simply come though the line with their masks on, kitchen staff with gloves and masks will hand them their meals from behind the serving lines (sneeze guards or face shield depending on kitchen), and student tells the Child Nutrition employee their ID number or name for CDE meal accounting.

Lunch:

Sack lunch meals will be served by Child Nutrition staff in the cafeteria to students who wish to participate in school meal service. Meals will be served in the cafeteria off the normal serving lines. We also have an additional location to distribute sack lunches so that we can disperse students. Meals will be accounted for by Child Nutrition staff similar to the normal serving processes. The only differences are students pick up all their meal components in one sack that has been prepared by kitchen staff and students will tell kitchen staff their ID number (or name) versus typing their ID number into the keypad.

Masks may be removed while eating meals, but must be put back on immediately after finishing meals.

Student Seating During Lunch:

Social-distancing is important to limit the spread of COVID and we must be able to track where students are in relation to other students and staff. Therefore, we have created numbered spots that are 12-feet apart and clearly marked to ensure physical distancing. Students must be seated at one of these spots so that we can insure social distancing. Students must stay seated for the duration of lunch or they may go outside; students cannot roam halls.

Students are also able to eat lunch outside. We have many grassy knolls and outdoor seating areas. When outside, students can remove their masks, but they are still required to maintain appropriate distance from others.

Continued...

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Salud Fort Collins Family Health Centers

WE ARE HERE FOR YOUR CHILD'S HEALTH!

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BEHAVIORAL HEALTH
saludclinic.org

Call us to schedule your appointment today!

(303) 697-2583



Would you like to manage stress or worries better?

TEENS 14-18 YEARS ARE INVITED TO

participate in a group aimed at lessening stress and anxiety.

6-WEEK GROUP
The mindfulness group, which will teach stress reduction strategies, will meet ONLINE once per week for 6 weeks.

3 FAMILY VISITS
Once before and twice after the group program, two parents and the teen will be asked to answer questions about health and relationships.

EARN UP TO \$105
If you participate in each element of this study, your family can earn up to \$105!

TIME NEEDED
Total approximate time commitment for parents is 8-9 hours and for adolescents is 18 hours.



CONTACT

To see if your family is eligible:
m2m@colostate.edu 970-491-5129

Poudre Protocols for Safety, continued...

While in classrooms:

Classrooms will be disinfected between all classes. The disinfectant used has a 10-minute kill claim for COVID-19 and a 10-minute dry time. Students will be required to wear masks whenever they are in the building. Masks will be required in all classrooms for students and teachers. Teachers will be conscientious about providing mask breaks outside. Teachers have arranged their classroom space to create distance among students and they have systems in place to limit movement during class. Cleaning protocols will differ depending on the types of equipment or supplies used in a class.

Off periods:

If a student has an off-period, they have a few options for where they can go during the period:

1. They may leave campus
2. They may go to the Media Center
3. They may go to the Commons

Both the Commons and Media Center have been arranged to provide 6-foot distance between seats. QR codes are adhered to tables so that students can check-in to their seats for contact-tracing purposes.

End of Day Dismissal:

Students will be dismissed from class in a staggered release. Once dismissed, students must leave campus immediately, unless they have a scheduled appointment with a staff member or are participating in athletics. No students can loiter in the building.

DID YOU KNOW?

13 OF THE HIGHEST PAYING JOBS FROM 2019 WERE IN COMPUTER SCIENCE

Sign up for a computer science class at PHS!

CS Foundations / Web Design / Game Design / AP CS / IB CS
CAPSTONE

Reducing the Risk of COVID-19

SELLER'S MARKET
Call today!



Joe Mivshek
970.420.7163
joe.mivshek@km.com




kww KELLERWILLIAMS, REALTY
NORTHERN COLORADO




2021

We need your help!
PSD has experienced medical professionals, compassionate staff and health protocols in place, but only together can we build a shared culture of **health and safety to Keep PSD Open.**


The 3 W's to reduce risk of COVID-19
3 medidas para reducir el riesgo de contraer la COVID-19



WEAR
a mask
USAR tapabocas



WASH
your hands
LAVARSE las manos






WATCH
your distance
MANTEGER su distancia

Face covering requirements
PSD staff and students are **required to wear face coverings.**
• Cloth face coverings may be removed during limited circumstances while following physical distancing, including approved outdoor "mask breaks," recess, eating and drinking.
• Face coverings should be clean, in good repair, include multiple layers of fabric and fit snugly.

Return to Learn illness guidance
PSD will align with **CDPHE's updated Return to Learn guidance** for when staff and students may return to work and school after experiencing illness symptoms (not a COVID-19 case).
• These replace the previous iteration of illness protocols followed in the first semester.
• Neither staff nor students should come to work or school sick.

Social distancing updates in Phase 4
Six feet of social distance will not always be possible due to space limitations. **CDPHE** and the **Larimer County Department of Health and Environment (LCDHE)** allow schools to seat students between 3-6 feet apart. *(see next page)* Due to that change, plastic partitions will be used to separate students when distancing is a challenge.

PSD online resources

-  [School Meals](#)
-  [Transportation](#)
-  [Athletics](#)

[PSD COVID-19 Data dashboard and school case information](#)
[Health and Safety](#)
[PSD COVID-19 Protocols](#)
[2020-21 School Year FAQs](#)

Updated Jan. 13, 2021

Continued...

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...to learn more about these great companies!

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.



Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com

Reducing the Risk of COVID-19, continued...



How PSD will respond to COVID-19 cases

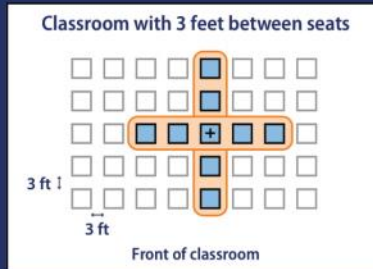
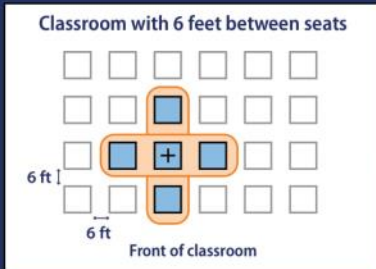
PSD will take different – but still health department-approved – approaches to contact tracing by grade level in the second semester. This work is done in partnership with [LCDHE](#).

Enhanced contact tracing: Rather than investigating and identifying close contacts, all students in a classroom will shift to remote education for 10 days to prevent the possible spread of the virus. Staff members (homeroom teachers, paraprofessionals, etc.) identified as close contacts will also shift remote. All may return to school/work once cleared to do so. This is a change between first and second semester.

Targeted contact tracing: PSD COVID-19 Response Teams investigate and identify possible close contacts (zero to X number); LCDHE issues orders to quarantine. Contact tracing happens in a classroom but also extends into lunchrooms, buses, athletics and other school-specific spaces.

Who is a close contact?

- Less than 6 feet for more than 15 minutes
- Maintaining 6 feet or more of distance is not always possible within some PSD schools due to space constraints that are difficult to reconcile with educating more students more of the time.
- Recognizing this challenge, the [Colorado Department of Public Health and Environment \(CDPHE\)](#) and [LCDHE](#) allow schools to seat students between 3-6 feet apart.



Every COVID-19 case investigation is unique and may require slightly varied responses. However, these graphics indicate generally which students may be identified as possible close contacts, depending on the size and set-up of the classroom. If a middle school student with five classes tests positive for COVID-19, there will likely be close contacts identified in each of their classes.

** Not to scale*



Temporary school closures:

This is new for the second semester. From Jan. 19 and until otherwise specified, PSD leadership and Health Services staff will discuss with principals whether a temporary school closure is necessary when a school's case percentage goes above 1%, as displayed on [PSD's data dashboard](#). Families should be prepared that their student's school may be affected by this new change and that they may receive little notice before a temporary closure occurs.

Data transparency: Each PSD department and school has a COVID-19 Response Team. PSD's COVID-19 data dashboards display data entered by COVID-19 response teams and are kept as current as possible on the [PSD COVID-19 Data and School Information web page](#).

Preschool/Elementary - will follow enhanced contact tracing

- **Why the change from targeted to enhanced contact tracing between first and second semester?** We do not believe PSD preschool/elementary COVID-19 Response Teams would be able to balance the significant workload of targeted contact tracing and keep our youngest learners in school all day, every day.
- Although we recognize the remote shift is disruptive, this approach reduces case response work and allows staff to have the time to consistently deliver full-time in-person education.
- LCDHE will issue quarantine orders to students.

Middle and high school – will follow targeted contact tracing

- Targeted contact tracing in secondary schools second semester will look like it did first semester.
- School COVID-19 Response Teams will identify recommended possible close contacts of the infected individual and shift those people to remote teaching/ learning for an Initial Assessment Period with LCDHE.
- At the end of the assessment period, LCDHE confirms close contacts and issues quarantine orders (quarantine date may vary by person depending on exposure date to the positive individual).
- We believe targeted tracing is less disruptive and more sustainable at the secondary level. Enhanced tracing is thought to be more difficult for secondary teachers to manage, who engage with multiple classes in a day, compared with an elementary homeroom teacher who interacts with one.



Great Happens Here: Preparing for students' return



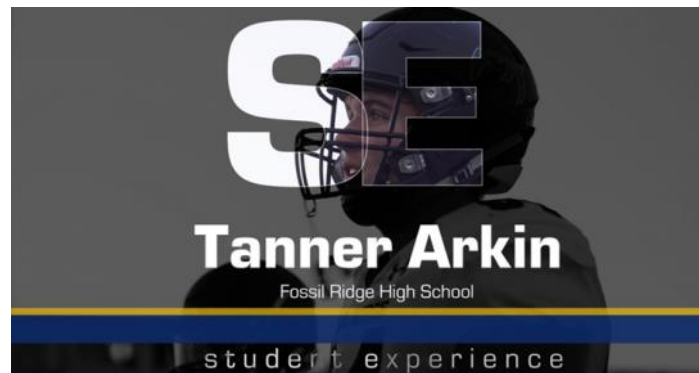
Great Happens Here

Poudre School District | 2020-21 PSD School Year

Directions for translating content in your Great Happens Here newsletter

To translate the linked district web pages included in this newsletter, please click the linked text in blue. The links will redirect you to the PSD website. Once there, click on "Translate" in the top green bar, then click "Select Language" and choose your language. Once selected, the entire PSD website will be translated.

Jan. 14, 2021



Celebrating our experiences

We have seen so many examples of kindness and resilience this school year. That instills in us such pride for our PSD communities. Although things look different than they ever did before, our connectedness and resolve are unwavering. Thank you, all, for your part in that. Here's to an enriching second semester.

Educators and staff across Poudre School District make concerted and careful efforts to create the conditions in which students thrive amid their experiences. We want to introduce Tanner Arkin, Fossil Ridge High School tight end/defensive lineman, who shares how football has shaped his journey in PSD.

Watch Tanner Arkin's Student Experience >> <https://youtu.be/SMOiNo2uk1g>

Check out all Student Experience videos >> spark.adobe.com/page/bKOFDKZqNRink/

COVID Updates

How COVID-19 case protocols will shift for in-person learning

- **[PSD COVID-19 Data and School Information:](#)** Transparency is key, and we believe it is important that our community see PSD's data. Using multiple interactive dashboards, users can track current COVID-19 cases by school, look at trends across grade levels, review current outbreak statuses and more.
- **[PSD COVID-19 protocols:](#)** Staff and student protocols for a COVID-19 case, face coverings, case response and contact tracing, social distancing in Phase 4 and more.
- **[Return to Learn:](#)** When students and staff can return to school and work after experiencing illness symptoms.
- **[Health and Safety web page:](#)** Information on the 3 W's best practices, cleaning and sanitizing of schools, and more.
- **[Larimer County COVID-19 data:](#)** Current COVID-19 data from the Larimer County Department of Health and Environment.

Continued...

Great Happens Here: Preparing for students' return, continued...

Meals are available to any PSD students

The district will provide free meals to PSD students (PreK-12) through the end of the 2020-21 school year.

[PSD Meals During 2020-21 web page >>](#)

Transportation as we look ahead:

The Transportation Department has been working to quickly re-design routes in order to bus students during the upcoming phase changes. Some students' bus routes and numbers will change. Families of students approved for busing services in the second semester can expect communication from the Transportation Department starting at the end of the week of Jan. 11.

[More information >>](#)

NEWS

Introducing PSD's Wellington Middle-High School

Poudre School District is thrilled to announce that the Board of Education voted unanimously on Tuesday, Jan. 12 to approve the name of the district's new, under-construction Wellington school: Wellington Middle-High School. [Read more>>](#)

More [on the PSD Superintendent Search web page >>](#)

Follow Interim Superintendent Dr. Todd Lambert on Twitter [@ToddLambertPSD](#)

Help us to celebrate Mission Moments in PSD

At PSD, your mission moments of how you support "Educate ... Every Child ... Every Day" is important to us. Telling positive stories about what is happening in the district during this challenging time is valuable not only for our staff but also for the community. We want to be able to display the good work that you are doing and know that it is appreciated! You're what makes us #PSDproud! [Submit a Mission Moment today. >>](#)

PSD Alumni

Did you graduate from PSD? As a PSD alumnus, we invite you to join our PSD Alumni group on [LinkedIn](#) to stay connected with PSD after you graduate. [Join here>>](#)

Early Childhood Education

PSD's preschool program still has open spaces for the 2020-21 school year, and ECE's compassionate and professional teachers can't wait to work with the children in your lives. More families may qualify now than ever before. To learn more and begin an application online, visit the [Early Childhood Education web page](#) or call 970-490-3204.

Supporting our students with disabilities

See how staff support the learning and growth of students with disabilities in any educational phase, get answers to frequently asked questions and more. [Read more >>](#)

Mental Health: Lets juice this lemon!

Few would disagree that 2020 was a lemon and probably not anyone's favorite year. You might have noticed that 2020 became 2021 without many differences. We still have lemons (pandemic, fears, and uncertainty). Now what? We can choose what to do with those lemons. [Read this week's full update on the Mental Health Resources web page >>](#)

Ask for help if you are having a tough time and remember, you are not alone.

Technology transition from remote to in-person learning

We ask for parent/guardian help to assist their students in restarting their devices at home prior to returning to school so necessary updates can take place. This step helps ensure devices can be used quickly and effectively once students are back in classrooms. For more information on [Quarter 3 2020-2021, PSD Tech Troubleshooting Tips and FAQs](#) visit the [PSD Community Tech Portal](#). Thank you for your continued patience and grace as we work to support students in using their technology.

Continued...

Great Happens Here: Preparing for students' return, continued...

Tech support

PSD Community Tech Portal: Technical support information, how-to guides, documentation and more.

Technical Support and Resources: General overview of tech support, teacher learning pages and links to Poudre River Library videos.

Email: covidtechhelp@psdschools.org

Phone: Family and Student Support Line at 970-490-3339

Frequently Asked Questions and resources [Read more >>](#)

Technical Support	Health & Safety	2020-21 School Year	ParentVUE	PSD Virtual
Calendar	Transportation	School Meals	District Policies	Departments

2021


MENTAL HEALTH MATTERS PRESENTS:

THE UPSIDE OF STRESS

Are you experiencing Covid fatigue? Would you like to "tend and befriend" or "excite and delight" in stress to make it work for you? Join Amanda Brantley, Poudre School District Wellness Coordinator, and Heidi Thompson, school counselor at Olander Elementary, for "Stress School."

Learn how you and your student can reframe your stress, renew your resilience, restore your energy, and revive your relationships. This interactive evening will focus on how our perceptions and practices contribute to our health and wellbeing. Simply by changing our mindset about stress, we can form habits that build our resilience and add tools to our toolbox to modulate our "stressometers" in school, in the workplace, and at home.

FEBRUARY 18, 2021
6:30-8:30PM



SCAN THE QR CODE TO THE LEFT TO REGISTER FOR THE EVENT. YOU WILL BE SENT A LINK ON THE DAY OF THE EVENT OR YOU CAN FIND THE LINK ON THE PSD HOMEPAGE (HOLD YOUR PHONE CAMERA UP TO THE GRID AND A LINK WILL APPEAR)

2021


MENTAL HEALTH MATTERS PRESENTS:

THE UPSIDE OF STRESS

¿Está experimentando fatiga por Covid? ¿Le gustaría "atender y hacerse amigo" o "emocionar y deleitarse" con el estrés para que funcione para usted? Únase a Amanda Brantley, coordinadora de bienestar del distrito escolar de Poudre, y a Heidi Thompson, consejera escolar de la escuela primaria Olander, para "Stress School".

Aprenda cómo usted y su estudiante pueden replantear su estrés, renovar su resiliencia, restaurar su energía y revivir sus relaciones. Esta noche interactiva se centrará en cómo nuestras percepciones y prácticas contribuyen a nuestra salud y bienestar. Simplemente cambiando nuestra mentalidad sobre el estrés, podemos formar hábitos que fortalezcan nuestra capacidad de recuperación y agregar herramientas a nuestra caja de herramientas para modular nuestros "medidores de estrés" en la escuela, en el lugar de trabajo y en el hogar.

18 DE FEBRERO DE 2021
6: 30-8:30PM



ESCANEE EL CÓDIGO QR A LA IZQUIERDA PARA REGISTRARSE PARA EL EVENTO. SE LE ENVIARÁ UN ENLACE EL DÍA DEL EVENTO O PUEDE ENCONTRAR EL ENLACE EN LA PÁGINA DE INICIO DE PSD (SOSTENGA LA CÁMARA DE SU TELÉFONO CONTRA LA CUADRÍCULA Y APARECERÁ UN ENLACE)



The Optional **SAT** with Essay in Colorado

11th-grade public school students in Colorado can add the SAT® with Essay to their SAT School Day registration for free. The Colorado Department of Education will cover all fees so you can take the SAT with Essay **during the school day** on April 13, 2021.

About the SAT with Essay

- The SAT with Essay will take approximately one hour longer than the SAT.
- It's your choice. You decide whether or not to take the SAT with Essay.
- The SAT Essay is scored separately from the SAT and does not impact your Evidence-Based Reading and Writing score.

For more information about the SAT Essay, visit sat.org/COessay

Why Take the SAT with Essay?

The SAT Essay lets you practice your skills and gives you a chance to show colleges that you're ready for college-level writing assignments. Some colleges may specifically require it as a part of the admission process (we recommend that you confirm admission policies with your school of choice).

To look up the essay policies for different colleges and scholarship providers, visit sat.org/COessaypolicy

It's About the Real World

The SAT with Essay is a lot like a typical college writing assignment that asks you to analyze a text. It shows colleges you're ready to get to campus and write.

You'll have 50 minutes to:

- Read a passage
- Explain how the author builds an argument to persuade an audience
- Support your explanation with evidence from the passage

Go to sat.org/COessayscore to find out what the SAT with Essay measures and how it's scored.

Register for the SAT with Essay

You can take the SAT with Essay at no additional cost. You must register between **January 18 and February 16, 2021**.

REGISTER ONLINE:

Register online before 10:00 p.m. Mountain Time (MT) on February 16, 2021, using your College Board account.

- 1 Go to sat.org and sign into your College Board account. If you've forgotten your username or password, click the link to recover them. Please do NOT create a new account. Once you're signed in, click on your username in the upper right-hand corner. Then select "My SAT."
- 2 If you do not have a College Board Account, go to sat.org and click "Register Now." Choose "Sign Up" and complete the required fields (name, sex, DOB, email address, expected HS graduation date) to create your account. Click "Continue" on the SAT Registration page. Review and complete the "Personal Info," "Your High School," and "Your Mailing Address" screens. You may be asked to provide "Your Previous Registration Number." Choose "Yes" and enter the registration number provided by your counselor.
- 3 Select "Change Registration" from the My SAT homepage. If you don't see your registration listed here, call customer service at 866-917-9030 for assistance.
- 4 Select "Add the essay to my registration" from the Change Your Registration page."
- 5 Once the "Add the essay to my registration" link is selected, a confirmation message will appear. Click "OK" to continue. Congratulations! You're registered for the SAT with Essay. If you decide later on that you would like to remove the essay from your registration, sign into your College Board account and select "Remove the essay from my registration" before **February 16, 2021**. Test day changes to add or remove the essay will not be allowed.

REGISTER BY PHONE:

1-866-917-9030, select Option 2.
Hours: Monday – Friday
6:00 a.m. – 7:00 p.m. MT



El SAT con ensayo opcional en Colorado

Los estudiantes de 11º grado de las escuelas públicas de Colorado pueden agregar de manera gratuita el SAT® con ensayo (SAT with Essay) a su inscripción para el SAT en la Escuela. El Departamento de Educación de Colorado cubrirá todas las tarifas para que puedas presentar el SAT con ensayo durante el día escolar el 13 de abril de 2021.

Sobre el SAT con ensayo

- El SAT con ensayo durará aproximadamente una hora más que el SAT.
- Es decisión tuya. Tú decides si quieres presentar o no el SAT con ensayo.
- El SAT con ensayo se puntúa de manera separada al SAT y no tiene impacto en tu puntuación de Lectura y Redacción basadas en evidencia.

Para más información sobre el SAT con Ensayo, visita sat.org/COessay.

¿Por qué presentar el SAT con ensayo?

El SAT con ensayo te permite practicar tus destrezas y te da la oportunidad de mostrar a las universidades que estás listo para las tareas de redacción a nivel universitario. Algunas universidades pueden requerirlo de manera específica como parte de su proceso de admisión (te recomendamos que confirmes las políticas de admisión de la universidad que prefieras).

Para buscar las políticas sobre el ensayo en las diferentes universidades y operadores de becas, visita sat.org/COessaypolicy

Se trata del mundo real

El SAT con ensayo es muy parecido a una redacción universitaria típica que te pida analizar un texto. Muestra a las universidades que estás listo para llegar al campus y escribir.

Tendrás 50 minutos para:

- Leer un párrafo.
- Explicar cómo el autor desarrolla un argumento para persuadir a su público.
- Apoyar tu explicación con evidencia del pasaje.

Visita sat.org/COessayscore para encontrar información sobre lo que evalúa el SAT con ensayo y cómo se puntúa.

Cómo inscribirse al SAT con Ensayo

Puedes presentar el SAT con ensayo sin costo adicional. Debes inscribirte entre el **18 de enero y el 16 de febrero de 2021**.

INSCRIPCIÓN EN LÍNEA:

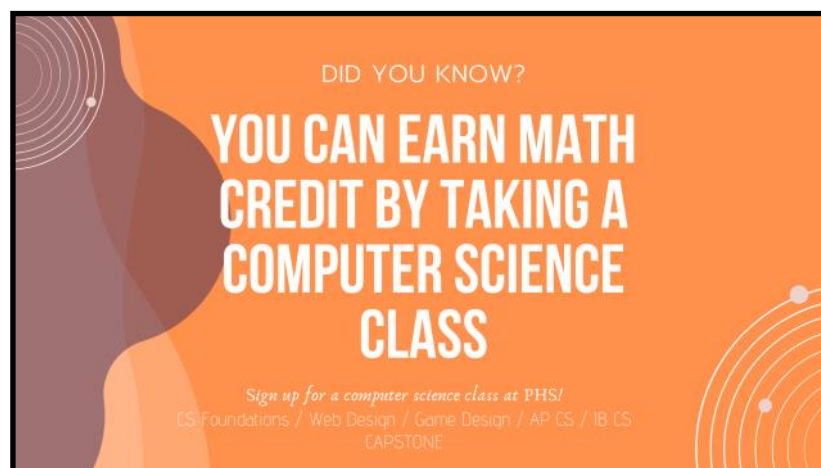
Inscríbete en línea antes de las 10:00 p.m., hora de la montaña (MT), del 18 de febrero de 2020 usando tu cuenta de College Board.

1. Ve a **sat.org** y entra a tu cuenta del College Board. Si has olvidado tu nombre de usuario o la contraseña, haz clic en el link para recuperarlos. **NO** crees una cuenta nueva. Una vez en tu cuenta, haz clic en tu nombre de usuario que aparece en la esquina superior derecha. Luego selecciona "MI SAT" (*My SAT*).
2. Si no tienes una cuenta de College Board, ve a **sat.org** y haz clic en "Registrarse ahora" (*Register Now*). Escoge "Entrar" (*Sign in*) y completa los campos requeridos (nombre, sexo, fecha de nacimiento, dirección de correo electrónico, fecha esperada de graduación de la escuela preparatoria) para crear tu cuenta. Haz clic en "Continuar" (*Continue*) en la página de inscripción del SAT. Repasa y completa las pantallas de "Información personal" (*Personal Info*), "Tu Preparatoria" (*Your High School*) y "Tu correo electrónico" (*Your Mailing Address*). Es posible que te pidan "Tu número previo de inscripción" (*Your Previous Registration Number*). Escoge "Sí" (*Yes*) e introduce el número que te dio tu consejero.
3. Selecciona "**Cambiar registro**" (**Change Registration**) de la página de inicio de Mi SAT (*My SAT*). Si no ves tu registro en esa lista, llama a Servicio a clientes al 866-917-9030 para que te ayuden.
4. Selecciona "**Añadir ensayo a mi inscripción desde la página Cambia tu inscripción**".
5. Una vez que hayas seleccionado el link "Añadir ensayo a mi inscripción" (*Add the Essay to my Registration*), aparecerá un mensaje de confirmación. Haz clic en "**OK**" para continuar. ¡Felicidades! Ya estás registrado para el SAT con ensayo.
Si decides más tarde que te gustaría quitar el ensayo de tu inscripción, entra a tu cuenta de College Board y selecciona "**Eliminar ensayo de mi registro**" (**Remove the essay from my registration**) antes del **16 de febrero de 2021**. No se permiten cambios el día del examen para agregar o eliminar el ensayo.

INSCRIPCIÓN POR TELÉFONO:

Llama al 1-866-917-9030 y selecciona la Opción 2.

Horario: De lunes a viernes de 6:00 a.m. a 7:00 p.m. (MT)



Sports Season C

ALL ITEMS LISTED BELOW ARE DUE BEFORE PRACTICE ON 3/8/21

The Athletic Department has some updates and procedural changes to be aware of as we get ready for season C. In an effort to reduce the number of people in and out of the front office at this time we are requesting that all parents/athletes register, pay the athletic fee, and turn in paperwork via email and online.

Starting Monday, February 22nd you will be able to start turning in your paperwork, registering online, and paying the athletic fee for season C.

If you played a sport earlier this year you will only need to email me and ask to transfer your Physical from your previous sport to your Season C Sport and send me proof of athletic fee payment online.

If this is your first sport this school year you must complete the following:

1. Complete your athletes online registration at: <https://poudreathletics.sportngin.com/register/form/084281362>
2. Pay the athletic fee online at: <https://psdschools.schoolpay.com/>
3. Scan, or take a picture of your athlete's current physical form signed by the doctor and email to: nmichele@psdschools.org
4. Please complete this order, if one item is not taken care of, your athlete will not be on the Permission to Practice Roster. (This roster will be done in place of kids getting an orange practice card for this season, your athlete will not get an orange practice card this year)
5. Each coach will get a roster on the first day of their sport stating who is eligible and has completed all necessary steps. If your athlete is not on the coaches roster, they will not be permitted to practice until all steps are taken care of.
6. I will respond with an email confirming I have received all of your athlete's paperwork and that they are good to start practice on their first day of official practice.
7. If you are on the Federal Free or Reduced Lunch Program you must still process a payment in school pay. Log into School Pay, select your sport, go to check out and it will show up as \$0.00 due. If it does not show up like this then you are missing a step for the waived fees or you are not on waived fees.

If you have further questions please reach out to Michele Niesent in the PHS Athletic Department at nmichele@psdschools.org

If you have questions about pre- season for your sport please reach out to the coaches below.

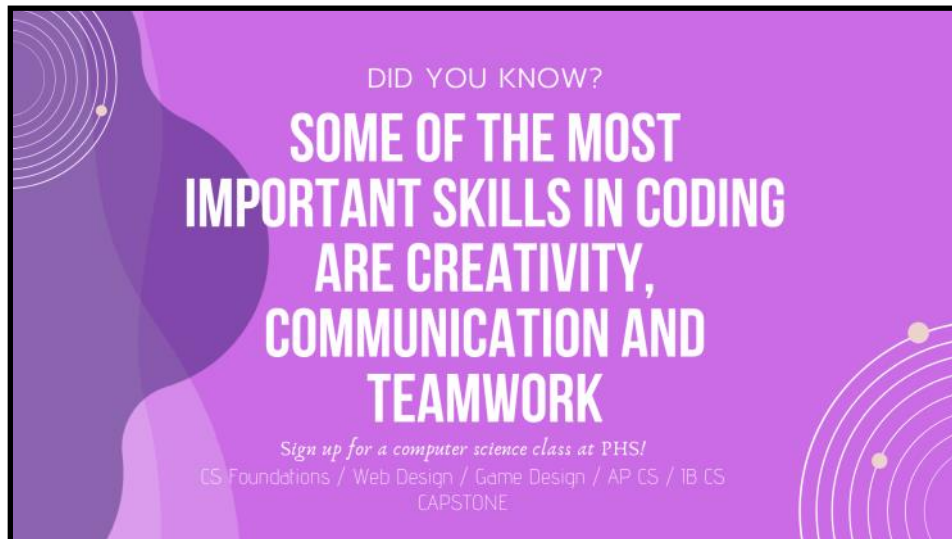
Sports offered in Season C:

Boys Soccer – Erik Eckhoff eeckhoff@psdschools.org

Girls Volleyball – Mike Dumler ybcoachmd@yahoo.com

Gymnastics – Hosted by Rocky Mtn. High School rseale@psdschools.org

Field Hockey – Hosted by Fossil Ridge High School chintzma@psdschools.org



FFA - February

Get ready, here it comes!! February 15th to the 18th we will be hosting our modified, entirely online

ANNUAL OYSTER FRY AND ON-LINE SILENT AUCTION EVENT!

We already have some great donations and sponsors for this year's event. All proceeds from this event will benefit the Poudre FFA Chapter. The money raised will be used to support learning opportunities for students and for future Poudre FFA events. Our chapter raised almost \$40,000 during the Annual Oyster Fry last year! We will have more information regarding the online auction on our PHS agriculture program website soon:

<https://sites.google.com/psdschools.org/poudre-ag-department/home>

If you would like to donate items for the auction or money to the program, please contact our Agricultural & Environmental teachers:

Mackenzie Crooks at mcrooks@psdschools.org or Sadie Nelson at sadien@psdschools.org by Monday, February 1st.

The FFA is also going strong providing opportunities for Career Development Practices, State Degree and Proficiency work nights. On top of studying those, the students are working hard on Parliamentary Procedure and Quiz Bowl practices. Whether it is virtual or in person, we are proud of our membership for continuing to grow their career and leadership skills even with the uncertainty going on around them.

Parent/Teacher Conferences

Parent/Teacher Conferences are planned to be held at the end of the 3rd quarter in March. The specifics regarding the actual format for conferences is still under consideration. Look for details in the March 1st Newsletter.



More Coloradoans faced eviction after unemployment checks shrank and bans on evictions expired. There were about 1,500 evictions in the state over the summer.

Emergency rent assistance programs are available and applications for assistance can be made online with Neighbor to Neighbor <https://www.n2n.org/rent-assistance/>

NOTE: you must use Google Chrome to complete the application

Due to the large numbers of applications being submitted, it will take 2 weeks to be contacted after your application is submitted. **Call (970) 484-7498 for more information.**

Demand for food assistance has doubled or tripled in some areas of the nation.

Starting January 18th **The Food Bank of Larimer County has new hours of operation** to meet demand and provide services over the weekend.

Tuesday- Saturday 10 am – 3pm at 1301 Blue Spruce Drive. Call (970) 493-4477 for more information

Drive through Pop-Up Pantries are offered at Poudre High School 5pm – 6:30 on the following dates:

January 21

February 4

February 18

If you would like more information about community resources, call Nicole Gawronski (970) 672- 6154

Let's Plant Some Trees!

Every year Poudre High School uses approximately 2,500,000 sheets of paper which is equivalent to nearly 250 trees. Our goal as members of Poudre's Service and Environmental Club and partner, Tree Plenish, is to create a greener, more sustainable community by replenishing the paper resources that Poudre High School uses. We would appreciate it if you would consider growing a tree on your property. We are selling Eastern Redbud and Bur Oak saplings for only \$5. These trees grow well in Fort Collins, add aesthetic and monetary value to a property, and provide cleaner air. By ordering these trees, you will be doing a great service for your property as well as your community. If you would like to buy a tree, simply visit our website, make your selection (s), and on April 17, volunteers will come and plant the tree(s) of your choice. Of course, if you would prefer, you can always pick up your tree(s) and plant them yourself!



To order please visit our website (<https://www.tree-plenish.org/poudre>)
For question please email 57866@psdschools.org

Let's Go Abroad!!

Are you interested in student travel to **Paris, France & Madrid, Spain** (and possibly *Québec, Canada...working on the details of that one*) in **2022?** Ms. Austin will be hosting a virtual information meeting where we will discuss details like safety, our exciting itinerary details, affordable payment options, and more! Students **MUST** be enrolled in a language class during the 2021-2022 school year to be eligible.

There will be a meeting for anyone interested on **Tuesday, February 9, from 5:30-6:30pm via Zoom.** Come learn about something fun and exciting you can look forward to doing once it's safe to travel again!

Please **RSVP** by 2/8
RSVP at this link: <https://bit.ly/3iH30PJ>

♥ Happy Valentines Day ♥

**Your Best Friend
deserves a
Special treat for
Valentines Day!**



Order by February 10, 2021

<https://tinyurl.com/https-tinyurl-com-cooperhome>
To order hold down Ctrl & click on the tinyurl link or <mailto:globe@psdschools.org>

484-7836, 556-8978

Check or cash accepted for payment. Feel free to send through school district mail or through

US Postal mail to:
Cooper Home
217 E Swallow Rd.,
Ft Collins 80525



**Peanut Butter & Pumpkin flavor,
Regular Wheat or Wheat-free available**
\$2.25 each 4oz. bag or \$4.25 each 8oz. bag
Fleece toys \$3.00-Handmade

All-natural Ingredients: Pumpkin, Peanut Butter, Corn Meal, flour, oats, water, butter, beefbullion
**Wheat-free dog biscuits are made with potato flakes instead of flour

5% of profits go to Animal Friends Alliance
Hand-baked with love by students at:
The Cooper Home

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GAME DESIGN OR CODING**

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CAPSTONE