



IMPALA PRIDE Newsletter

I am who I am because of who we are. We are Poudre.

Main Office:
970-488-6000

Attendance:
970-488-6002

Kathy Mackay
Principal

Cori Hixon
Assistant Principal
IB Director

Carey Christensen
Assistant Principal
Athletic Director

Bryan Kiel
Assistant Principal
Assessment Director

Kendall Wilson
Assistant Principal
Activities Director

Luke Lefurge
Dean of Students A-K

Nick Holley
Dean of Students L-Z



Advertising in this newsletter does not imply recommendation or endorsement by Poudre School District

From PHS Administration

Parents,

As we near the end of the third quarter, there are some updates we'd like to share with you. Since we are currently in a hybrid remote-learning environment and are limiting visitors in schools, please look for an email from your child's teacher regarding your student's performance in class and, if necessary, the teacher's available remote conference time. These "parent office hours" will serve as our conferences for the Spring and teachers will communicate their available times. This is a great opportunity to touch base with your student's teachers and receive guidance on how to support your student's academic needs at home.

We recently wrapped up registration presentations. All current 9th and 10th graders should have registered, or have a meeting scheduled with their counselor for classes by now. All current 11th graders will need to have registered by March 6th. We have posted the curriculum guide online on the Poudre High School homepage to aid you and your student in the process. We have many opportunities available to students; it is important for students to keep their post-secondary plans in mind while deciding on future classes.

Counselors can help students decide whether AP, Concurrent Enrollment or IB classes are the right fit, and our staff in the Career, College and Military Center can assist students in meeting with college representatives and obtaining work-based experiences to apply their learning. We want to make sure that students leave Poudre not simply post-secondary ready, but with post-secondary momentum! Please make sure to talk to your counselor if you have any questions. We're here to help!

Continued...

The Youth Clinic
caring for our future generations

Since 1964 We've Been
Growing Healthy Kids

- Well Care Visits for Kids & Teens
- Designated "Sick" & "Well" Locations
- Phone Nurse Available
- 4 Convenient Locations

Call to Schedule Your Appointment: 970.482.2515



From PHS Administration, continued...

We are very excited to welcome back all our Poudre Impalas on March 22nd. As the Superintendent stated, "We will maximize social distancing and follow our safety protocols, but we also know that maintaining six feet of distancing will not always be possible. Utilizing additional layers of prevention will be important. Students and staff are still required to wear masks and the enhanced cleaning and disinfection of our schools and workplaces will continue. Ventilation will remain a focus and, as the weather improves throughout the spring, we will open doors and use our outdoor spaces more frequently."

We understand that some parents are not comfortable sending students back to a full in-person model. If that is the case, please work with your student's counselor on options. For students attending remotely during Phase 4, our staff will broadcast their classes. These broadcasts will serve as a one-way window into the classroom; teachers will be focused on their in-person students and are not expected to interact with students accessing the broadcast. The broadcasts serve as a complement to the learning materials secondary students can access online through their Teacher Learning pages (teacher notes, presentation slides, reading materials, etc.). Obviously, none of these circumstances are ideal, and please know that we are committed to doing the best we can to support all students' success!

Sincerely,
PHS Administration

With COVID-19, things are tough for everyone. Colorado Spirit has you covered when you need to talk with an understanding voice who can connect you with resources, or just be there to listen. (970) 221-5551. SUMMITSTONE HEALTH PARTNERS logo.

Spring Parent-Teacher Conferences
PHS Parents,
Since we are currently in a hybrid remote-learning environment and are limiting visitors in schools, please look for an email from your child's teacher regarding your student's performance in class and, if necessary, the teacher's available remote conference time. These "parent office hours" will serve as our conferences for the Spring.

Enroll in our Nursing Assistant Training Program In Ft. Collins, Colorado. Apply via the "Geriatric Education" link on our website. We care. We make a difference, it Matters. www.columbinehealth.com. COLUMBINE HEALTH SYSTEMS logo.

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Click on the Ads in this Newsletter
...to learn more about these great companies!

Choose the dealer that puts Customers 1st! 2019 CUSTOMER FIRST AWARD FOR EXCELLENCE. Fort Collins Jeep logo. 224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com

Would you like to manage stress or worries better?

TEENS 14-18 YEARS ARE INVITED TO

participate in a group aimed at lessening stress and anxiety.

6-WEEK GROUP
The mindfulness group, which will teach stress reduction strategies, will meet ONLINE once per week for 6 weeks.

3 FAMILY VISITS
Once before and twice after the group program, two parents and the teen will be asked to answer questions about health and relationships.

EARN UP TO \$105
If you participate in each element of this study, your family can earn up to \$105!

TIME NEEDED
Total approximate time commitment for parents is 8-9 hours and for adolescents is 18 hours.



CONTACT

To see if your family is eligible:
m2m@colostate.edu 970-491-5129



Spring Testing

Parents/Guardians,

It's that time of year again when our Impalas *sock-it-to-the-test!*

Freshmen will take the PSAT 9 on Wed, April 14, 2021 at PHS.

Sophomores will take the PSAT 10 on Tues, April 13, 2021 at PHS.

Juniors will take the SAT on Tues, April 13, 2021 at PHS.

Juniors will take the CMAS Science Exam on Wed, April 14, 2021.

Frequently Asked Questions

- What do I need to do as a parent/guardian to register my student for these exams?
 - Nothing. All Colorado public school students are enrolled for these exams through Poudre High School.
- How much does each exam cost?
 - Nothing. The Colorado Department of Education will cover all fees for Colorado public school students who take the exam at their school. Please note that this does not apply at other testing sites.
- How can my student prepare for these exams?
 - Students can log into their College Board account at www.collegeboard.org and take practice tests and more. Freshmen will need to create an account with College Board. Students may access their scores in their account.
 - For account login help, contact College Board at (866) 756-7346 | sat@info.collegeboard.org
- Who can I contact at PHS with other questions regarding spring testing?
 - Your student's counselor, PHS Counseling Department (970) 488-6064 or PHS Assessment Coordinator, Kendall Wilson (970) 488-6070 | kendallw@psdschools.org



Sports Bulletin

Athletic Department Updates and procedure changes for season C

ITEMS BELOW ARE DUE BEFORE PRACTICE ON 3/8/21

To reduce the number of people in and out of the front office we are requesting that parents/athletes register, pay the athletic fee, and turn in paperwork via email and online.

Starting Monday, February 22nd you will be able to turn in your paperwork, register online, and pay the athletic fee for Season C.

If you already participated in a sport this year you will need to email me to transfer your physical from your previous sport to your Season C Sport and send me proof of athletic fee payment online.

If this is your first sport this year you must complete the following:

1. Complete athlete's online registration: <https://poudreathletics.sportngin.com/register/form/084281362>
2. Pay the athletic fee online: <https://psdschools.schoolpay.com/>
3. Scan, or take a picture with your phone of your athletes current physical from signed by the doctor and email to: nmichele@psdschools.org
4. Please complete in the correct order to make sure nothing is missed. If any step in the process is missing the athlete will not be on the **permission to practice roster**. (This roster will be used in place of students' receiving an orange practice card for this season, your athlete will not get an orange practice card this year.)
5. Each coach will get a roster on the first day of their sport stating who is eligible to start practice. If your athlete is not on the coaches roster they will not be permitted to practice until all steps are taken care of.
6. I will respond with an email confirming I have received all of your athlete's paperwork and that they are good to start practice on their first day of official practice.
7. If you are on free and reduced lunch program you must still process a payment in school pay. Log into school pay,, select your sport, go to check out and it will show as \$0.00 due. If it does not show up like this then you are missing a step for the waived fees or you are not on waived fees.

Questions? Ask Michele Niesent, nmichele@psdschools.org

If you have questions about pre-season for your particular sport please email the coach.

Sports offered in Season C:

Boys Soccer – Erik Eckhoff eckhoff@psdschools.org

Girls Volleyball – Mike Dumler ybcoachmd@yahoo.com

Gymnastics – Hosted by Rocky Mtn. High School rseale@psdschools.org

GYMNASTICS PRE-SEASON BEGINS FEB. 2

Gymnastics will be having pre-season practices at Timberline Gymnastics (2026 Lowe St.) for girls interested in competing for Rocky, beginning Feb. 2, on Tuesday, Wednesday and Thursday mornings from 6a-7:30a.

Head Coach - Jaia Sattler

jsattler928@hotmail.com

Field Hockey – Hosted by Fossil Ridge High School chintzma@psdschools.org

Preseason Field Hockey begins Thursday, February 4, 2021

Practice schedule (2/4 - 3/6):

4:30pm - 6:00pm Thursday, 4:30pm - 6:00pm Friday, 10:00am - noon Saturday

Location: FRHS turf field

Coach Erik Curtis: (503)913-2996, Erik.M.Curtis@gmail.com



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Sports Bulletin, continued...

SEASON D

April 26, 2021 – June 26, 2021

ALL ITEMS BELOW ARE DUE BEFORE PRACTICE ON 4/26/21

The Athletic Department has some updates and procedure changes I would like to communicate with you as we get ready for season D.

To reduce the number of people in and out of the front office we are requesting that all parents/athletes register, pay athletic fees and turn in paperwork via email and online.

Starting Thursday, April 1st you will be able to start turning in your paperwork, registering online, and paying the athletic fee for season D.

If you played a sport this year you will only need to email me to transfer your physical from your previous sport to your season D Sport and send me proof of athletic fee payment online.

If this is your first sport this year you must complete the following:

1. **Complete your athletes online registration at:**
<https://poudreathletics.sportngin.com/register/form/084281362>
2. **Pay the athletic fee online at:**
<https://psdschools.schoolpay.com/>
3. **Scan or take a picture with your phone of your athletes current physical from signed by the doctor and email to:** nmichele@psdschools.org
4. **Please complete in this order, if one item is not taken care of your athlete will not be on the permission to practice roster.** (This roster will be done in place kids getting an orange practice card for this season, your athlete will not get an orange practice card this year)
5. **Each Coach will get a roster on the first day of their sport stating who has taken care of all the steps.** If your athlete is not on the coach's roster they will not be permitted to practice until all steps are taken care of.
6. **I will respond with an email confirming I have received all of your athlete's paperwork and that they are good to start practice on their first day of official practice.**

7. If you are on free and reduced lunch you must still process a payment in school pay. You log into school pay, select your sport, go to check out and it should show up as \$0.00 due. If it does not show up like this then you are missing a step for the waived fees or you are not on waived fees.

If you have further questions please reach out to Michele Niesent in the PHS Athletic Department at

nmichele@psdschools.org

If you have questions about pre- season for your sport please reach out to the coaches below.

Sports offered in Season D

Baseball – Luke Cheever lcheever@psdschools.org

Girls Soccer – Kathleen McCormack
kmccorma@psdschools.org

Girls Tennis – Laura Ecton lecton@psdschools.org
Preseason Open Courts: Thursdays at Poudre High School
4:40 - 6:30 pm

Preseason Camp: April 19 - April 23 4:30 - 6:30 pm
First Official Day April 26 4:30 - 6:30 pm

Boys Swim and Dive – Stephanie Guterrez
stephanieg@psdschools.org

Track & Field – Jeramie Thomas iamlarry@live.com

Boys Lacrosse – Hosted @ Rocky – Will Cantwell
wcantwell@psdschools.org

Girls Lacrosse – Hosted @ Rocky – Pam Kramer
pbkramer14@gmail.com

Girls Golf – Hosted @ Rocky - Chris Nickel
cnickel@psdschools.org

Salud Fort Collins
Family Health Centers

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Art Show Winners

Congratulations to the Poudre High School art show winners:

First Name	Last Name	Grade	School	Title	Category	Award
Willow	Hall	9	Poudre High School	Grandma's statue	Drawing & Illustration	Silver Key
Luke	Johnson	10	Poudre High School	My meaning	Photography	Silver Key
Trina	McDowell	9	Poudre High School	Election Day 2020	Film & Animation	Silver Key
Kailey	Nelson	10	Poudre High School	Funny face	Drawing & Illustration	Honorable Mention
Kailey	Nelson	10	Poudre High School	Mood	Drawing & Illustration	Silver Key
Amelia	Schug	12	Poudre High School	Quarantine	Film & Animation	Honorable Mention
Gabrielle	Wiedeman	12	Poudre High School	Ebb & Flow	Photography	Silver Key

Congratulations



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National Ocean Sciences Bowl

Congratulations

The National Ocean Sciences Bowl is an academic competition and program that engages high school students in ocean science. They hosted the "Trout Bowl" in February. This competition included students from Colorado, Utah, Wyoming, Nebraska, South Dakota, New Mexico and Kansas.

Poudre's Ocean Bowl team took 2nd place in this regional competition!!

Congratulations to team members Lucy Gregory, Allie Shellhammer, and Jessie Sheflin, who are coached by PHS Science Teacher Adam McBride!

Proud to be a Poudre Impala!



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Market your business in both Poudre and Thompson school districts.

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FFA and Agriculture News

March is here! This month, we are excited to be continuing with our Parliamentary Procedure team and Career Development Event practices in order to prepare for district and state contests. We are having our chapter event this month in the greenhouse where we will project a movie. During the movie, we will also be making posters together as a chapter in support of a fellow PHS student in need. Look on the chapter's website for more information. Finally, thank you to all our supporters who contributed to our online silent auction event in February. Whether you donated items, sponsored, or bid on the auction items, we are grateful for all of you. Go check out the Poudre FFA website to see the list of sponsors from this year!

The Poudre FFA has been busy this past month and I wanted to give a better update than I did in the meeting this morning. First, we would also like to everyone who participated in our Silent Auction. We raised just over \$4500 to use for member scholarships as well as to attend leadership conferences next year. We are excited to start traveling next year and extending opportunities. Second, we also had 17 members complete a Proficiency award application at the chapter level and 9 of those have moved on to the state contest. These members completed several essays detailing their Supervised Ag Experiences, keep records of work hours, income, and expense and finally they must detail how they are also learning standards that align to what is taught in our classrooms. Below are the students that submitted. If you have them, please ask about their SAE's so they can share the knowledge they have gained.

Mathew Sinclair - Goat Production - On to state competition
 Camree Parks - Goat Production - On to state competition
 TJ Rice- Beef Production - On to state competition
 Paige Hill - Ag Business - On to state competition
 Avery Chadwick - Beef Production - On to state competition
 Shelby Sinclair - Beef Production - On to state competition
 Laura Ford - Equine Management – On to state competition
 Peyton Gfeller - Bee Keeping - On to state competition
 Casey Kraft - Beef Production - On to state competition

Margret Smelker - Ag Service - Chapter
 Tyler Uthman - Beef Production - Chapter
 Lane Sinclair - Beef Production - Chapter
 Bella Larkin- Rabbit Production - Chapter
 Sage Harrision - Beef Production - Chapter
 Kanyon Hardle - Goat Production - Chapter
 Hailey Krom- Goat Production - Chapter
 Rylan Gardner - Swine Production - Chapter

Third, the Poudre FFA recently competed in the District 12 Virtual Speaking Contest. We were allowed two speakers per contest and we took a full slate of speakers. If you know any of the students below, please show them some support for their hard work.

Extemporaneous Speaking
 Casey Kraft - Silver
Peyton Gfeller - Silver

Prepared Speaking
 Avery Chadwick - Bronze
Kanyon Hardle - Bronze

Creed Speaking
 Scarlett Nielsen - Gold District Runner Up
 Ester Ambrose - Silver

Lastly, we want to thank everyone who has supported this program as it grows and expands.

Poudre High School Agricultural and FFA Advisors

Spectrum

Perhaps school happenings feel like they are on pause. Fast forward to now though, with clubs like Spectrum getting going, let's catch up to speed!

Spectrum is a community, bringing camaraderie to anyone and everyone, both straight and LGBTQ+. From hanging out to discussing, all of us may look into social and life themes, engage in book studies, and get our storytelling games on. Also, Spectrum strives to cultivate awareness and create an atmosphere for a wide array of school activities. Lighthearted and filled with food for thought, if Spectrum sparks your curiosity come and experience what it's all about.

For more information reach out to a friend or the club's Sponsor, Lori Miller @ lbmiller@psdschools.org.



Prom Dresses



Family and Consumer Sciences would like to offer FREE PROM DRESSES. Each year we are fortunate to have our community members donate their gently used Prom Dresses. Here at Poudre High School, we offer our dresses free of charge to students who need them. So, we would like to announce to all students, that we do have Prom Dresses. This year, we are excited that Prom will happen!! Please let your students know that we do have Prom Dresses to give away NOW! Anyone who would like to donate a dress, we would love to add them to our rack!

Thank you for all your donations, and please let your students know that the dresses are available in Room 101. Any questions, please contact Mrs. Toplyn at ctoplyn@psdschools.org, or at 970-488-6135.

Senior Yard Sign Order Info

PHS ACE printshop [Senior yard signs](#) to announce that special graduate are available to order here!



Graduation Cap and Gowns Wanted

Graduation Cap and Gowns Wanted

Donate previous students' Poudre High School blue cap and gown to students who may need one this year. Just drop them off at the front office. Thank you in advance.

Questions - contact Lisa Mahler 970-488-6052 or lmahler@psdschools.org



MARCH 2021

V.2 ISSUE 2

GO BEYOND

The official newsletter of Work-Based Learning at PSD



Work-based learning (WBL) provides students with real-life experiences where they can apply academic and technical skills and develop their employability. WBL merges theory with practice; it bridges the gap between learning and doing.

Watch this [video](#) to learn more about Work-Based Learning opportunities in PSD!

Xello gives high school students a chance to explore careers and industries by connecting them with local employers and community members.

***Internships *Apprenticeships *Job Shadows *Paid work *Volunteerism *Monitored chat rooms**

Students: [Login to Xello](#) to see work-based learning opportunities. If you would like to earn credit at your high school for a work-based learning experience, [please submit this form](#).

Industry Partners: [Find out here](#) how you can engage with students and offer work-based learning opportunities.

Contact your Work-Based Learning Coordinator for more information:



Fort Collins High School
Pam Davidson
pdavidso@psdschools.org



Fossil Ridge High School
Terra Thiebaut
tthiebau@psdschools.org



Poudre High School
Wendy Tomaschow
wtomasch@psdschools.org



Rocky Mountain High School
Robert Papp
rpapp@psdschools.org



CTE Coordinator
Tanya Alcaraz
talcaraz@psdschools.org

CHS, PCA, PGA, Polaris and
Outreach Coordinator
Kelly Kappel
kkappel@psdschools.org

CTE Secretary
Sherri Ladzinski
sladzinski@psdschools.org

Automation Internship Muller Technology, Fort Collins

- Application deadline March 30
- Current 10th and 11th graders can apply, must be 16 years of age
- Unpaid with potential for paid position
- **Role and Responsibilities:** As an Automation Technician intern, you will be responsible for mechanical, electrical, and pneumatic assembly of custom robotics to engineering specifications. Learn more about Muller at www.muller-technology.com
- Job description and application in your [Xello](#) account under Explore Opportunities. **Tech Ed teacher approval required**
- Contact your WBL coordinator for more details

Manufacturing Apprenticeship Tolmar, Windsor

- Application deadline March 30
 - Current 10th and 11th graders can apply, must be 16 years of age by June 1st
 - 3-year paid apprenticeship
 - **Role and Responsibilities:** As a Manufacturing Production Technician, you will set up, test, adjust and run manufacturing machinery and equipment. Get more information about the opportunity here: [Tolmar Manufacturing Technician](#)
 - Job description and application in your [Xello](#) account under Explore Opportunities
 - Contact your WBL coordinator for more details
- Read about a past PSD Tolmar Apprentice!**

MARCH 2021

V.2 ISSUE 2

SET YOUR SUMMER FOR FUN AND PROFIT

Larimer County Economic and Workforce Development invites **youth (ages 14-18) and parents** to:

- Hear from a local employer panel about best job search practices
- Learn about paid internships, summer jobs, and MORE!
- Meet the Larimer County Conservation Corps (ages 18-25)

MARCH
3
2021

Larimer County
Loveland Virtual Event

Larimer County
Fort Collins Virtual Event

MARCH
10
2021

5:30 PM - 6:30 PM - Summer Employment Panel
6:30 PM - 6:45 PM - Summer PAID Internships
6:45 PM - 7:00 PM - Larimer County Conservation Corps

Register at larimer.org/ewd/summer2021 or call 970.498.6608.



Larimer County Economic and Workforce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons with disabilities can request reasonable accommodations with seven business days' notice by emailing lcewd@larimer.org or calling 970.498.6608 or Relay Colorado TTY. Accommodation requests will be honored when possible but may be unavailable if advance notice is not provided.

CALENDAR OF EVENTS

MARCH 2/3 - VIRTUAL I4E EXPLORATION DAY.
INSTITUTE FOR ENTREPRENEURSHIP, CSU

MARCH 3 AND 10 - SUMMER EMPLOYMENT NIGHTS. LCEWD

APRIL 6/7 - VIRTUAL I4E EXPLORATION DAY.
INSTITUTE FOR ENTREPRENEURSHIP, CSU

APRIL 19-22 - COLORADO VIRTUAL CAREER FAIR

JUNE 2-5 - CSU'S WOMEN IN CONSTRUCTION MANAGEMENT VIRTUAL SUMMER INSTITUTE



Colorado Youth **connecting live** with professionals representing all 17 career clusters, and multiple ethnicities, backgrounds, and parts of Colorado.

COLORADO VIRTUAL CAREER FAIR

APRIL 19-22, 2021 (M-TH)
4:00-6:30PM VIA ZOOM

Panel Session schedule, registration and more @ YOUTH-CAREERFAIR.ORG



ASL, translation, closed captioning available

Virtual Career Tours

[MANUFACTURING - VIDEOS OF NOCO BUSINESSES](#)

[JUNIOR ACHIEVEMENT - CAREER/JOB SHADOW VIDEOS](#)

visit @psd_cte on



WOMEN IN CONSTRUCTION MANAGEMENT June 2-5, 2021
VIRTUAL summer institute

CONSTRUCTION MANAGEMENT
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Breaking down stereotypes and building confidence

Construction Managers work in dynamic teams to take the designer's vision and make it a reality. With one of the highest job placement rates and starting salaries of any major degree in CE is a great choice for young women who enjoy teamwork, solving tough problems, critical thinking, and creating the world around them.

- For 15 to 18 year-olds
- Half-day VIRTUAL sessions
- Build your confidence!
- Meet successful women from industry
- Explore career opportunities in the construction industry
- Engage with student mentors while learning new and exciting things
- Must have access to computer or laptop & reliable internet

Application Open: February 1
Deadline to apply: March 15th
Access testimonials, past photos, and the application here: cm.colostate.edu/wcm

SPLASH MAKE A SPLASH. EARN SOME CASH.

We are looking for

- Lifeguards
- Pool Managers
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- Free Wi-Fi and access to technology
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- Teen lounge, a full gym and more!



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7:30 AM - 6:00 PM
Fort Collins Club
1608 Lancer Drive
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FOR MORE INFORMATION, CONTACT TYLER AT 970-484-5198.



THE CLUB

Los adolescentes tendrán acceso a

- Wi-Fi y acceso a tecnología
- Juegos y actividades recreativas
- ¡Salón para adolescentes, un gimnasio completo y más!



**¡GRATIS
PARA
ASISTIR!**

**LUNES - VIERNES
7:30 AM - 7:00 PM**

Club de Fort Collins
1608 Lancer Drive
Fort Collins, CO 80521



PARA MAS INFORMACION Y PARA INSCRIBIRSE VISITA:
[HTTPS://WWW.BEGREATLARIMER.ORG/LOCAL-CLUBS/FORT-COLLINS/](https://www.begreatlarimer.org/local-clubs/fort-collins/)