



POUDRE HIGH SCHOOL

POUDRE SCHOOL DISTRICT

201 S. Impala Drive, Fort Collins, CO 80521
Phone 970-488-6000 | Attendance 970-488-6002

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I AM WHO I AM BECAUSE OF WHO WE ARE

IMPALA PRIDE BULLETIN

Principal
Carey Christensen

Assistant Principal
Bryan Kiel

Assistant Principal
Activities Director
Kendall Wilson

Assistant Principal
Athletic Director
Will Cantwell

Assistant Principal
IB Director
Andy Liddle

Dean of Students
Nick Holley

MESSAGE FROM PHS ADMINISTRATION

PHS Families,

For our seniors, this is the home stretch as they progress toward completing their high school careers and look forward to life beyond Poudre High School. Finishing strong is very important and these last 5 months can serve as a great launching point to a successful postsecondary journey. It is important that seniors meet with their counselors to ensure that they have all their credits in line and that they have taken care of all those pieces that need to be in place for their college or career planning.



For 9th, 10th, and 11th graders, this is the time to begin considering which courses they want to take in the upcoming school year. Counselors are available for guidance. Curriculum guides for students and parents are posted to Poudre's course catalog. Poudre has a wealth of opportunities of which students can take advantage. Therefore, it's never too early to begin thinking about which classes are of interest and will support your student's chosen post-secondary path. On Thursday, January 15th, counselors will give registration presentations in students' classrooms, and students will have the opportunity to attend the Class Rush and learn more about the variety of classes offered at PHS. On this day students will also be taking the Healthy Kids Survey. There will be an alternate schedule for this day.

The first week back from break is a 4-day week with no school on Monday, January 5th. Students' first day back is Tuesday, January 6th. There will be no school on January 19th in observance of Martin Luther King Jr. Day.

Stay in touch with Poudre High School using social media:

- Instagram: www.instagram.com/poudre_impalas/
- Facebook: www.facebook.com/Poudre-High-School-Official-284858671543939/
- YouTube Channel: <https://www.youtube.com/@poudreimpalas4162>

Once again, your involvement in your student's education is important and we look forward to partnering with you in 2026! Go Poudre!

Sincerely,

PHS Administration



Advertising in this newsletter does not imply recommendation or endorsement by Poudre School District

Click for
Lunch Menu

Is it just a phase?



CAYAC

Child, Adolescent, and
Young Adult Connections

Helping youth and families find
answers, options and support.

Health District
OF NORTHERN LARIMER COUNTY

CHILD, ADOLESCENT, AND
YOUNG ADULT CONNECTIONS

970-221-3308

CAMPUS SELECT COLLEGE CREDIT OPPORTUNITIES (2026-2027)

Who Can Participate

- **Eligible students:** Current 11th and 12th graders
- **Prerequisite:** Completion of **at least one High School Select course** through FRCC or Aims with a **C or better**
- **Important Deadline:**
 - **Campus Select Application due by February 24, 2026**
(for the 2026–2027 school year)

What's Covered

- PSD pays **tuition, books, and fees** for up to **18 college credits** taken through Campus Select at **FRCC or Aims** (online or on campus).

Course Options

- **Guaranteed-Transfer General Education courses** (English, Math, Science, History, Government, Psychology, Communication, and more)
- **Career s Technical Education (CTE) Certificates**, including:
 - Veterinary Assistant (*12th grade only; pathway prerequisites required*)
 - Welding Fundamentals
 - Nurse Aide (*12th grade only; pathway prerequisites required*)
 - EMT (*12th grade only; pathway prerequisites required*)
 - Aims Aviation (Private Pilot Ground School C Aviation Meteorology)

Key Eligibility Reminders

- Students **cannot duplicate** a course already offered for college credit at their high school or the PSD Career Tech Center.
- Students must be enrolled in **at least 15 PSD credits in Quarter 1**, with **5 credits taken in person** at their high school.
- **Withdrawing or failing** a Campus Select course may result in **loss of future eligibility**.

 **Don't miss the deadline!**

Applications must be completed by February 24, 2026.

See your counselor or the College C Career Office for details and application support.

**Sponsor This
School!**

**YOUR NAME
HERE**

Click **HERE**
Contact Us Today!

Rob Mangelson
(720) 878-4107

Rob@tscacolorado.com



The School
Communications
Agency

Supporting Schools
& Local Businesses

*I have
a dream...*

CAMPUS SELECT COLLEGE CREDIT OPPORTUNITIES (2026-2027)



**Concurrent
Enrollment**

Poudre School District
2026-2027 Campus Select Eligibility
Front Range & Aims Community Colleges
www.psdfutureready.org/collegecredit

Who Can Participate:

- **Grade level:** 11th and 12th grade students
- **Previous college credit:** Students must have completed at least one **High School Select**** course through FRCC or Aims with a **C or better**
- **Application Deadline for the 2026-2027 school year:** February 24, 2026

Approved Course List: PSD pays for tuition, books, and fees for a **max of 18 college credits for Campus Select***.

Guaranteed Transfer Courses - LINK	Career & Technical Education Certificate Programs
General Education Guaranteed-Transfer Courses: BIO 1111 - General College Bio I, with Lab (5 credits) COM 1250 - Interpersonal Communication (3 credits) ENG 1021 & 1022 - English Composition I & II (3 cr ea) GEO 1005 - World Regional Geography (3 credits) HIS 1210 - U.S. History to Reconstruction (3 credits) LIT 1015 - Introduction to Literature (3 credits) PSC 1011 - American Government (3 credits) PSY 2440 - Human Growth and Development (3 credits) SCI 1105 - Science in Society (3 credits)	FRCC Veterinary Assistant Certificate: 16.25 credits <ul style="list-style-type: none"> • Pre-requisite: Successful completion of 2 classes in the health science or agriculture pathway • 12th grade students only
	FRCC Welding Fundamentals Certificate: 9 credits <ul style="list-style-type: none"> • Pre-requisite: Successful completion of 2 classes in the manufacturing pathway
	FRCC Nurse Aide Certificate: 5 credits <ul style="list-style-type: none"> • Pre-requisite: Successful completion of 2 classes in the health science pathway • 12th grade students only
	FRCC or Aims EMT Certificate: 12 credits <ul style="list-style-type: none"> • Pre-requisite: Successful completion of 2 classes in the health science pathway • 12th grade students only
Students can choose only <u>one</u> of the following: MAT 1240 - Mathematics for Liberal Arts (4 credits) <u>OR</u> MAT 1340 - College Algebra (4 credits) <u>OR</u> MAT 1260 - Introduction to Statistics (3 credits) <u>OR</u> MAT 2420 - Calculus II (4 credits) <u>OR</u> MAT 2430 - Calculus III (4 credits)	Aims Aviation: <ul style="list-style-type: none"> • Pre-requisite: Successful completion of 1 semester of the PSD Career Tech Center Aviation Pathway • AVT 1001 - Private Pilot Ground School (3 credit) • AVT 1005 - Aviation Meteorology (3 credits)

Eligibility:

- If a campus select course is offered **at your high school** or the **PSD Career Tech Center** for college credit (FRCC, Aims, or CU Succeed), you **cannot** take the same course online or at the FRCC/Aims campus.
- Students must complete the **Campus Select Application** by **February 24** for the following school year.
- Students must be enrolled in a minimum of **15 PSD credits during Quarter 1**, with a **minimum of 5 credits taken in person on the high school campus**. (3 college credits = 5 PSD credits)
- Students who **fail or withdraw** from a Campus Select course will **lose eligibility** for future Campus Select classes.

***Campus Select** - courses taken at FRCC or Aims either online or on the college campus

****High School Select** - college courses offered on your high school campus or at the PSD Career Tech Center. If students attend a school that does not offer any/many high school select courses, this requirement will be waived.



SRO CORNER

Rude vs. Mean vs. Bullying – What’s the Difference?

As part of our commitment to creating a safe and respectful learning environment, we want to help families and students understand the difference between being **rude**, being **mean**, and **bullying**.

These words are sometimes used interchangeably, but they mean very different things—especially when it comes to how schools address them.



1. Rude

Definition:

Rude behavior is when someone says or does something hurtful—often without thinking—because they’re being inconsiderate, careless, or self-centered in the moment.

It’s usually not meant to hurt deeply or target a specific person repeatedly.

Examples:

- Interrupting someone while they are speaking.
- Making a joke that offends someone without realizing it.
- Cutting in line without saying “excuse me.”

What helps?

Gentle correction, modeling kindness, and practicing empathy usually turn these situations into learning moments.

2. Mean

Definition:

Being mean is when someone says or does something with the intention to hurt another person’s feelings, embarrass them, or put them down.

It’s often a reaction to anger, jealousy, or frustration—but still a choice.

Examples:

- Calling someone an unkind name.
- Making fun of someone’s appearance on purpose.
- Deliberately excluding a friend from a game.

What helps?

Mean behavior should be addressed directly. Apologies, repairing relationships, and teaching conflict resolution are key.

3. Bullying

Definition:

Bullying is *repeated, intentional* harm—physical, verbal, or social—where there is a power imbalance.

It’s not a one-time argument or an occasional unkind comment; it’s a pattern that can make someone feel unsafe at school.

Examples:

- Repeatedly spreading rumors to damage someone’s reputation.
- Consistently pushing, shoving, or intimidating someone.
- Targeting a younger or less confident student with ongoing insults.

What helps?

Bullying requires immediate adult intervention, clear consequences, and ongoing support for both the target and the student engaging in bullying behavior.

Why this matters

When students and families understand the difference between these behaviors, we can respond appropriately and teach skills that prevent problems from escalating.

One of our goals is to help students grow into respectful, compassionate, and responsible members of our school community.

If you or your child witnesses behavior that feels like bullying, please report it right away.

Together, we can ensure our school stays a safe place for everyone to learn and thrive.

P-Tech Family Night

Thursday, January 29, 2026
5:30-7:30 PM



Hosted by Interstates Electric and
AIMS Community College.


- ✓ **Who?** P-Tech students & families
- ✓ **What?** Meet Interstates employees, tour the facility and learn about upcoming opportunities
- ✓ **Where?**
Interstates Electrical
3874 Redman Dr
Fort Collins, CO 80524
- ✓ **Dinner provided**
Please wear long pants & closed-toe shoes



Please **RSVP** using this QR
code by January 16, 2026



Interest in
Pursuing a
Career in
Nursing or
Culinary?



Columbine Health is hiring
and we'll train you!

CNA - (Age 17+)
Personal Care Provider - (Age 17+)
Food and Nutrition - (Age 16+)

ColumbineHealth.com

COLLEGE APPLICATION HELP FROM COSI GRANT

Parents of Seniors!



This is the question many seniors are asking: Where do I find scholarships? The PSD scholarship application opened on **December 10**. This includes access to local scholarships and **Poudre High School specific** scholarships. The PSD scholarship application closes on **January 23 at 4:30**. <https://www.psdfutureready.org/scholarships/>

Additional scholarships can be researched through Xello. On the student's Xello home page, click on Plans, then Scholarships. Once students accept admission to their school, they will have access to more institutional scholarships.

Even if you don't think your family will qualify for Federal Student Aid, this form should still be completed. **Many scholarships and institutions require the completion of a FAFSA form.** Students create an account and start the form first. Then they will invite a parent to fill out the rest. The entire process should only take about 30 minutes. Grants, loans, and work study could be awarded through the FAFSA. <https://studentaid.gov/h/apply-for-aid/afsa>



This is the Western Undergraduate Exchange. Students may be able to attend a qualifying out-of-state school with in-state tuition. Every school has different approaches to the WUE. Some require separate applications. Not all majors qualify for the WUE at all schools. Check out this website for more details. <https://www.wiche.edu/tuition-savings/wue/wue-savings-finder/>

I am available during 3rd and 4th periods Monday, Tuesday, and Wednesday to help students with the college application process.

Gina Holley, rholley@psdschools.org

English teacher and college admissions advisor





POUDRE HIGH SCHOOL THEATRE

PRESENTS

LOST GIRL



BY
KIMBERLY BELLFLOWER

Thursday, February 12 at 7:00

Friday, February 13 at 7:00

Saturday, February 14 at 7:00

Sunday, February 15 at 2:30

Tickets & Information at
www.poudretheatre.org



Presented by arrangement with Concord Theatricals (concordtheatricals.com)

Support Poudre High School Athletics

American Furniture Warehouse Giving Back School Rewards



When you purchase items at American Furniture Warehouse, mention Poudre High School Athletics at the time of your purchase, 2% of the net purchase will be donated back to our Athletic department.

King Soopers



You can Link your King Soopers Rewards account to Poudre High School Athletics.

1. Sign in to your digital account.
2. Search for your organization.
3. Enter the name or NPO number of the organization you wish to support.
"Poudre High School Athletics"
4. Select the appropriate organization from the list and click "Save".

Your selected organization will also display in the King Soopers Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.

Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to Poudre High School Athletics at no added cost to you.

Thank you for helping support Poudre High School Athletics.

Will Cantwell
Athletic Director
Cindy Smith
Athletic Assistant






THE Center
Parent & Grandparent Summit
WE LIVE. WE SHARE. WE PLAY. WE LAUGH.
WE FIGHT. WE LOVE. FAMILY.

 **At Fort Collins High School**
February 7, 2026

Event Time: 9:00 AM - 1:00 PM

The Summit is FREE!

SCAN QR CODE TO REGISTER



Or register at this website address:
<https://forms.gle/1xdFwJpK7qLJsE2G9>

BROUGHT TO YOU BY



Center for Family Outreach
Family Centered Prevention Programming

The Parent, Grandparent, Kinship Caregiver Summit is an educational event designed to empower caregivers with the knowledge and tools they need to support their adolescent's development. The summit features expert-led workshops on youth mental health, cyber safety, suicide prevention, grief beyond death, and other important parent resources. Attendees will have the opportunity to network with other caregivers and gain valuable insights to enhance their parenting and grandparenting skills.

CENTER FOR FAMILY OUTREACH THANKS OUR SPONSORING PARTNERS



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Rob Mangelson
(720) 878-4107

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Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?

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