



POUDRE HIGH SCHOOL

POUDRE SCHOOL DISTRICT

201 S. Impala Drive, Fort Collins, CO 80521
Phone 970-488-6000 | Attendance 970-488-6002

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I AM WHO I AM BECAUSE OF WHO WE ARE

IMPALA PRIDE BULLETIN

Principal

Carey Christensen

Assistant Principal
Activities Director

Kendall Wilson

Assistant Principal

Bryan Kiel

Assistant Principal
IB Director

Andy Liddle

Assistant Principal
Athletic Director

Kevin Faw

Dean of Students

Nick Holley



Message from PHS Administration

Poudre Parents,

October brings with it cooler temperatures, changing colors, and a sense of accomplishment as we near the end of our first quarter, October 18th. We encourage parents and guardians to stay connected with their student's progress in classes by using ParentVue and supporting students in finishing the quarter strong! Students can relax and rejuvenate for the second quarter with a day off on October 18th.

This month Poudre will showcase some of our talented Poudre performing artists. October 8th, we'll host a vocal concert featuring all our choirs-- Impressions, Impalaphonics, Impromptu and Special Edition. On October 15th we will host an instrumental concert at 6:00 pm. in the auditorium.

During late start on October 16th, we will have a senior meeting in the auditorium with Jostens to discuss graduation information. We will be administering the PSAT NMSQT the morning of October 23rd. On October 26th we will be hosting our annual Impalaween festivities from 10:00 AM -12:00 PM which is a fun and safe way to trick or treat for our community. Make sure to read our weekly Poudre Power Ups for up-to-date information. Happy Fall!

Sincerely,

Poudre Administration



Advertising in this newsletter
does not imply
recommendation or
endorsement by Poudre
School District

[Click for Lunch Menu](#)

Caring for Future Generations Since 1964



Join The Youth Clinic, your child's ultimate partner in health and wellness.



Sponsor This School!

YOUR NAME HERE

Click [HERE](#) Contact Us Today!

Rob Mangelson
(720) 878-4107

Rob@tscacolorado.com



Supporting Schools & Local Businesses

PICTURE DAY IS COMING!
SE ACERCA EL DIA DE LA FOTO

Poudre High School
Retakes Friday, October 11, 2024

"IN THE BLINK OF AN EYE CHILDHOOD WAVES GOODBYE"

ORDER YOUR PHOTOS TODAY

PIDE TUS FOTOS HOY

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[haga clic aquí](#)
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ORDER UP TO 3 DAYS AFTER PICTURE DAY

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(970)674-0520

Website:
STUDIO5CO.PRO

Denver Metro:
(303)550-4456



IB MAY 2025 EXAM REGISTRATION




IB 11th and 12th Graders Only

IB 11th Graders- Required
Wednesday, October 16th
9:00-9:45 (Late Start)
PHS Event Center

IB 12th Graders- Required
Wednesday, October 23rd
9:00-9:45 (Late Start)
PHS Event Center

Bring Your Fully Charged Laptops

CLICK IT
Click on the Ads in this Newsletter
...to learn more about these great companies!

Is it just a phase?

CAYAC
Child, Adolescent, and Young Adult Connections
Helping youth and families find answers, options and support.
Health District
OF NORTHERN LARIMER COUNTY
CHILD, ADOLESCENT, AND YOUNG ADULT CONNECTIONS
970-221-3308

PSAT

2024 PSAT NMSQT Test (Pre-SAT) — October 23rd

WHO: Primarily for any 11th grader considering college after high school, but 10th graders may also take it. Priority is given to 11th graders, so 10th graders will be wait-listed.

WHY: Taking the PSAT can make 11th graders eligible for the National Merit Scholarship and is excellent preparation for the SAT college entrance exam.

WHEN: Wednesday, October 23 Check-in 8:15am Testing 8:30am – 12:30pm

WHERE: Main Gym



REQUIRED: Regular and Late Registration takes place with Poudre’s cashier, Mrs. Malm. Registration for the PSAT will take place Sept. 6 through Oct. 7, 2024 until 4:00pm. The registration fee is \$20.00. It is to your advantage to register for the PSAT as soon as possible so that you can use the materials you will receive when you register to prepare for the exam. Late registrations will be available on a space available basis.

The opportunity to register for the PSAT ends on Oct. 7 at 4:00pm.

HURRY: We are limited to 120 test takers!!

NOTE: If you have special needs or a 504 PLAN, see your counselor ASAP. Unless you’ve completed the necessary special accommodations application and documentation process with College Board it is unlikely that you will be able to receive special testing accommodations!

Interest in Pursuing a Career in Nursing or Culinary?

Columbine Health is hiring and we’ll train you!

CNA - (Age 17+)
Personal Care Provider - (Age 17+)
Food and Nutrition - (Age 16+)

ColumbineHealth.com

We are here for you and your child’s health!
 ¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
 ¡Programame hoy su examen físico para la escuela o deporte!



Salud Family Health (303) 697-2583
 (303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS< CO

OUR CARE IS DINO-MITE!
 MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org

Seniors and Early Grads

Graduating this school year? Need-to-know dates:

Graduation Ceremony: Saturday, May 24, 2025

Senior's Graduation Meeting:

Wednesday, October 16, 8:45am in the auditorium

Choose your diploma hand-out staff member:

October 16, 2024 – closes on January 10, 2025*

*Form opens on 10/16; submit early to get the staff member you want.

Senior Photo due date: Friday, November 1, 2024

Senior Quote due date: Friday, November 1, 2024



senior photo

Find both here



senior quote



<https://www.poudreyearbook.com/>

Hello October



The Women's Clinic
of Northern Colorado

You have choices.

Since the inception of the Women's Clinic of Northern Colorado in 1965 our mission has been to Care for All Women. Always. We stay true to that mission by providing comprehensive care at all life stages, whether a person needs our care for their contraception choices, menopause care, high risk pregnancy or reproductive health options, we strive to provide compassionate and empowering care.

1107 South Lemay Ave., Suite 300 | 2500 Rocky Mountain Ave., Suite 150
Fort Collins, CO 80524 | Loveland, CO 80538

womensclinicnoco.com • 970.493.7442

Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Rob Mangelson at Rob@tscacolorado.com or (720) 878-4107.

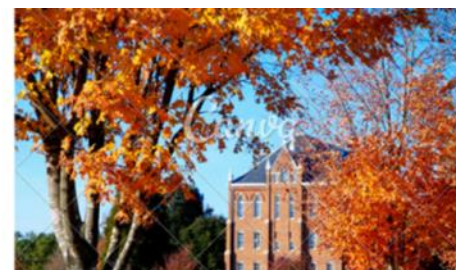
Colorado Free Application Days

Planning to apply to a college/university in Colorado? Plan to submit your application on one of the Colorado Free Application Days. Submit your application on **October 15-17, 2024**, and your application fee will be waived. If you are not ready to submit on these days, you can submit your application any time following the college/university deadlines and pay the application fee.

Colorado State University is free application every day.

College Application Work Sessions

Get help on your College Application and/or have a counselor review prior to submitting them on the Colorado Free Application Days: Oct. 15-17



- Wednesday Oct. 2nd Late Start Media Center
- Wednesday Oct. 9th Late Start Media Center
- Thursdays: 3rd & 4th periods Media Center w/ Ms. Musci
 - Beginning Sept. 12th-December 12th

See the Counseling Office with any questions.

COLLEGE APPLICATION HELP

Every Thursday
3rd and 4th periods
Media Center

? MS MUSCI CAN HELP!
I am an experienced college application educator and English teacher. I can help you with personalized assistance. Drop-in's welcome.

COLLEGE ESSAY
Brainstorming ideas, editing, drafting

SCHOOL SEARCH
Help generate a list of schools

COMMON APPLICATION
Getting started, troubleshooting, problem solving

FINANCIAL AID
Understanding options, FAFSA questions, scholarship information

Sponsor This School!

YOUR NAME HERE

Rob Mangelson
(720) 878-4107

Rob@tscacolorado.com

The School Communications Agency
Supporting Schools & Local Businesses

Medicaid Renewal
Requires Your Action.
We Can Help!

HealthDistrict.org

Se Habla Español

970-472-0444



PHS Winter Sports 2024-25



Orange "Permit to Practice" cards will be issued for the winter season starting Monday October 21st. Monday thru Friday at Mrs. Smith's Desk in the front office. You must have an orange card to start tryouts.

To receive an **Orange Card**, submit your physical to Mrs. Smith starting Oct. 21st, proof of payment and complete online registration at <https://www.psdathletics.org>
 Select High School, then HS online sports registration
 Online Registration opens Oct. 21st and closes on Nov 7th
 Schedules can be found at www.frontrangeleague.org

Athletic Participation Fee:

<u>PHS Students</u>	<u>Charter/ Home or Private School Students</u>
\$205.00 per sport no family max	\$305.00 per sport no family max

Payment of athletic fee is required to receive an Orange Card. **YOU WILL NOT BE ALLOWED TO PARTICIAPTE IF YOUR FEE IS NOT PAID IN FULL BEFORE TRYOUTS!** If a student athlete is not offered a spot on a team, the athletic fee will be reimbursed in full. Students who meet federal guidelines for the free or reduced lunch program will have the participation fee waived.

Eligibility

Eligibility will be checked at the beginning of each season. Eligibility is determined based on previous semester grades earned. Athletes identified as failing two or more classes during the previous semester will be ineligible for sports until the regain date. All sports have different regain dates.

PHS checks athletic eligibility on a weekly basis. Athletes identified as failing two or more classes will be declared ineligible and will lose one week of eligibility beginning on the following Monday through Saturday.

For any questions with regards to eligibility, contact Cindy Smith (970)488-6014 or cindvs@psdschools.org

Communication

You can check for updates at www.frontrangeleague.org and select Poudre.

Please follow the athletics website for updates as well: <https://poudre.rschooteams.com/>

Follow us on Facebook Poudre Impala Athletics

Follow us on Instagram: @poudreathletics

Follow us on Twitter at: <https://twitter.com/HsPoudre>

We use social media for many updates and celebrations so please follow us!

Cindy Smith
 Poudre High School Athletic Assistant
 (970)488-6014 / cindvs@psdschools.org

Continued...



PHS Winter Sports 2024-25



Boys Wrestling

Coach Barrett Golyer 970-488-6047, C: 970-217-8425 bgolyer@psdschools.org

- **Mandatory Informational Meetings (and 1st year Poudre wrestlers)**
Tuesday, Oct 15 OR Oct 22 (choose one) 6:00-7:00pm PHS Events Center
- Pre-Season Open Mats Thursday & Friday 4:30–5:45pm
- Pre-Season Camp: Nov 18,19,21,22 (M,T,TH,F) 7:30-8:30am PHS Wrestling Room, (Recommended for all wrestlers)
- First Official Practice: Monday, Nov 18th 4:30-6:15pm (MUST have orange card to participate)
- Get physical done and pay the fee, and Online Registration

Girls Wrestling

Coach Desiree Kendall 970-817-0157 dkendall@psdschools.org

Coach Joshua Beck 970-566-2122 joshuab@psdschools.org

- **Mandatory Parent Meeting Oct. 9, 6:00–7:30pm PHS Events Center**
- Preseason Open Mats: Th & Fr 4:30–6:00pm
- Preseason Camp: Nov. 11th–15th 4:45–6:30pm
- First Official Practice: Monday, Nov 18th 6:30–8:00 pm
- No experience required! Come try out an amazing sport! Do not hesitate to reach out with any questions

Boys Basketball

Coach Jeff Brubaker jebrubak@psdschools.org

- Pre-Season Open Gym: Monday and Wednesday 6:30pm -8:00pm Happening Now
- Everyone is welcome and encouraged to attend!
- Team Camp Nov 4th–7th 4:30-6:30pm
Nov 11th–14th 4:30-6:30pm
- First Day of Tryouts, Monday Nov 18th 4:30-6:30pm

Girls Basketball

Coach Jeff Schelly jschelly@psdschools.org

- Pre-Season open-gyms are happening now. Monday and Wednesday 6:30-8:00pm Please send Coach Schelly an email to be added to TeamSnap. Everyone interested is welcome to attend.
- Pre-Season Skills Camp:
Nov 4th–7th 6:30–8:30pm
Nov 11th–14th 6:30–8:30pm
- First Day of Tryouts: Monday, Nov 18th 6:30-8:30pm
- Everyone interested is welcome and encouraged to attend

Nordic Skiing

Coach Kyle Steitz coachkylesteitz@gmail.com Website <https://psdnordicski.weebly.com/>

- More information will be shared at a later date

Girls Swimming

Coach Laura Krum lkrum@psdschools.org

- **Parent Meeting Monday, Nov 18th 6:30pm PHS Events Center**
- First Official Day of Practice Nov 18th
- Coach will have more information on a possible preseason please email her for details.

Unified Basketball

Coach: Wendi Miller 970-488-6204 wendim@psdschools.org

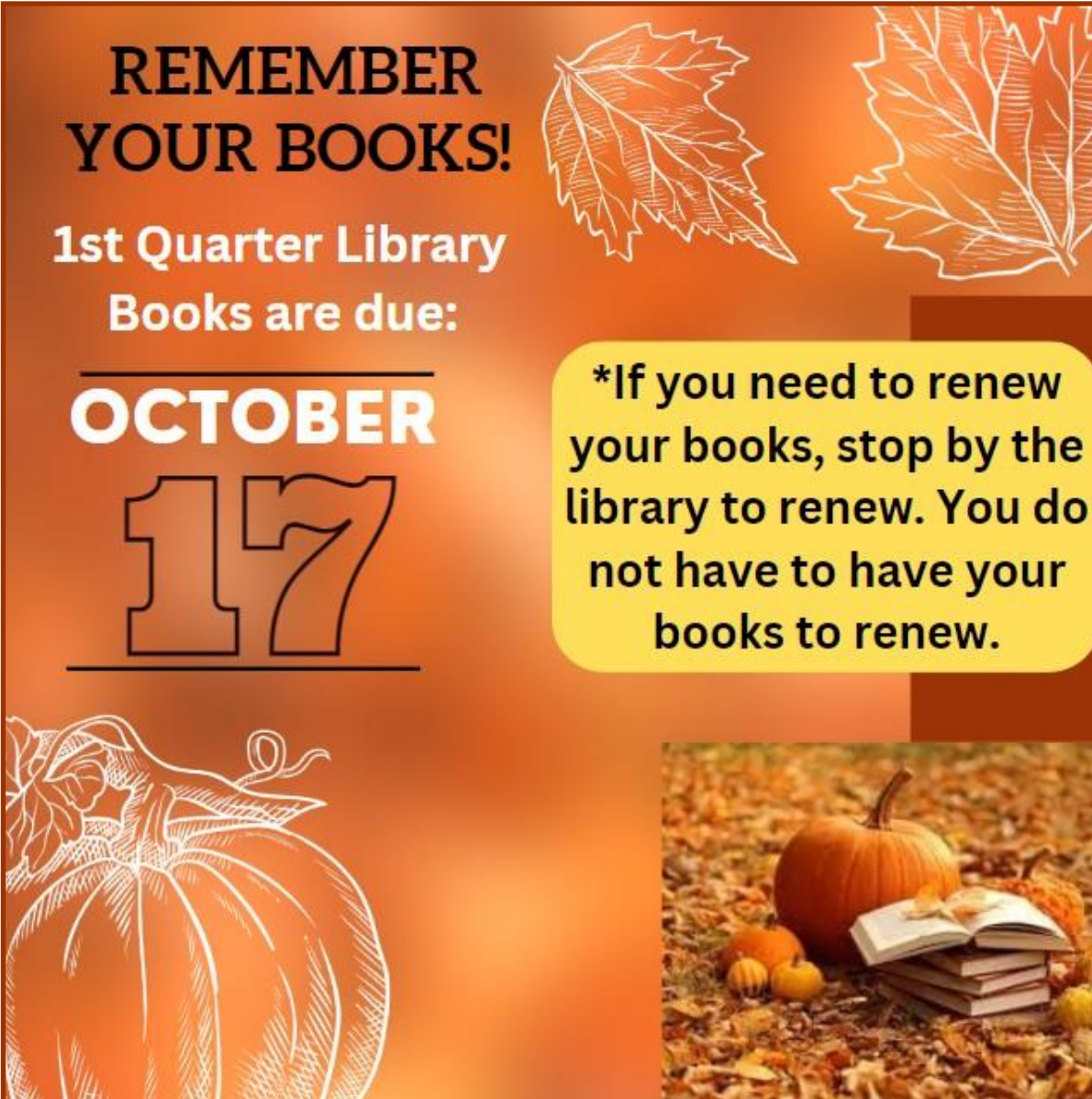
- Unified basketball will start in January and more information will be shared as we get closer Juniors and Seniors only as Partners

**REMEMBER
YOUR BOOKS!**

**1st Quarter Library
Books are due:**

**OCTOBER
17**

***If you need to renew
your books, stop by the
library to renew. You do
not have to have your
books to renew.**

A decorative graphic with an orange-to-brown gradient background. It features white line-art illustrations of two leaves at the top, a large pumpkin on the left, and a photograph of a stack of books and pumpkins on a bed of autumn leaves on the right.

Poudre Choirs Fall Concert

Fall Choral Concert

What: Choir Concert 7pm

When: Tuesday, Oct. 8

Who: Poudre High School Choirs: Impressions, Impromptu, Special Edition & Impalaphonics

Where: Poudre High School Auditorium

For More Details: Contact the choir director David Lonowski at dlonowski@psdschools.org



POUDRE FFA COUNTRY MEATS FUNDRAISER

8/28 – 10/4

Poudre FFA Chapter
is having a Country Meats Fundraiser!



Order Now at www.CountryMeats.com/fundraiser/poudre-ffa-chapter
or by scanning the QR code with your phone!



A Big Thank You
For All Your Support

You can help even more by sharing this with a friend or sharing the URL or QR code on social media with friends!

Students are raising money for FFA Jackets and to pay for upcoming trips such as the National FFA Convention.

Each beef stick sold gives a student 75 cents toward their goal!!

Steps

1. Follow the QR code above.
2. Select your meat sticks.
3. In comment section type members name you are supporting.
4. Click on continue (Not Order Now)
5. Pay
6. Your meat sticks will ship directly to your house once you purchase them.

JROTC



October Newsletter



News

Poudre Battalion events for September/October:

September 20th – CSU Soccer (Color Guard)

September 23rd – District Counselor Brief

September 27th – Community Classic Football game

September 28th – JROTC fundraiser

October 1 – Career Fair at Wellington HS

October 1,3,8,10th – Career Fair at CSU



New Teams!!

In our program we have drones, color guard, Raider, Marksmanship, Archery, and JLAB. Some of our new activities will be air rifle marksmanship, RAIDERS (physical fitness competitions), and Armed Drill team. Our Battalion is so excited to welcome all these new teams and all of our new students!

Cadet Of The Month



Every month our staff and instructors choose one cadet that has been going above and beyond and honor them in our news letters! This month our cadet of the month will be Owen Yokem. Owen is our S4 Supplies Assistant. From the beginning of the school year he has been hard at work. He has been organizing our supplies and creating very detailed spreadsheets. Ensuring the battalion has everything that we need to function and thrive! We are so grateful for him taking the initiative and working so very hard! Keep it up cadet!

New Staff

For our new cadets and their family, we have a class leadership system instituted into our program. Similar to what you would see in the actual Armed Forces, but completely different in most ways. We have already advanced into our leadership roles. Starting with our S6 , our technology specialist. All the way up to our S1, our Promotion and general cadet tracking! We are so excited to see our program grow with new roles and people to fill them!

Poudre Boys' Wrestling

"Band of Brothers"

Pre-Season Open Mat Practices

Thursdays and Fridays from 4:30-5:45pm

Mandatory Parent Meeting (and 1st year Poudre wrestlers):

Tuesday, October 15 OR October 22, 6pm-7pm (Choose One) PHS Events Center

Pre-Season Camp: Nov. 18, 19, 21, 22 (M, T, Th, F) 7:30-8:30am PHS Wrestling Room,
(recommended for all wrestlers)

Official Practice starts: Nov. 18th 4:30-6:15pm (MUST have Orange Card to participate)

Get your physical done and pay the fee to get an Orange card.





Poudre High School Performing Arts
presents



ANASTASIA

The Musical

Book by Terrence McNally Music by Stephen Flaherty
Lyrics by Lynn Ahrens

Inspired by the Twentieth Century Fox Motion Pictures by special arrangement with Buena Vista Theatrical
From the play by Marcelle Maurette as adapted by Guy Bolton

November 1, 2, 7, & 8 at 7:00pm

November 9 at 2:30pm

Poudre High School Auditorium

www.poudretheatre.org





Hello, Students and Families!!

Work-based Learning is a class students can take to receive high school elective credit for working at a job, internship, or apprenticeship.

Looking for a work-based learning opportunity? Students, log into your Xello account and click the “Opportunities” link on the right side of the page. You will see all jobs, internships, apprenticeships, and more regarding work-based learning opportunities. The opportunities are updated daily, so check often.

If you have questions, please contact Wendy Tomaschow, Work-based Learning Coordinator at Poudre High School. My email is wtomasch@psdschools.org. My work cell number is 970-661-2909.

Upcoming Career Tours, Fall 2024:

1. NOCOM Manufacturing Trade Show - October 9, 2024
2. HP Day of Industry - October 10, 2024
3. Construction CON - October 23, 2024
4. University of Northern Colorado STEM Health Sciences Exploration Day - October 25, 2024

Fall is the hiring season for many businesses during the holidays and a great time for high school students to look for a job! See me now to get your resume and interview skills ready!

High School Summer Abroad with CIEE

[High School Summer Abroad with CIEE](#)

Is your student interested in a 1-month study abroad program for next summer? This summer, we had 10 PHS students study in Taiwan, Spain, France, England, South Africa, and Japan, earning a combined total of \$26,630 in scholarships! If you're interested in hearing more about the programs and how to access millions of dollars in scholarship money (**yes, some of our students have received FULL scholarships!**), come to the informational meeting with a CIEE rep:

Date: Thursday, October 3

Time: 5-6:00pm

Location: Event Center at Poudre High School

If you have questions, please contact PHS teacher Erin Austin at eaustin@psdschools.org.

Disclaimer: We do not, as a school or district, endorse any company. We do, however, make information accessible to families so that students can have equitable access to enrichment opportunities, particularly those with sizable scholarship opportunities

High School Summer Abroad with CIEE

We are excited to announce that (pending final district approval) PHS has a student trip to **Paris, London, and Edinburgh** in the works for 2026! Please come to an informational meeting on **Thursday, October 10, from 5-6:00pm, in the Eventer Center at PHS**, and get your questions answered! In the meantime, here's some info for you:

Dates: approximately May 30-June 9, 2026

Price estimate: We're waiting on final numbers, but for comparison, the \$2024 trip to Rome and Paris was \$4539

Questions?: contact co-leaders Erin Austin (eaustin@psdschools.org) and/or Sara Harris (sharris@psdschools.org)

And if you're wondering, "But there's also the opportunity for the CIEE High School Study Abroad program that I already heard about in this newsletter. What's the difference between the experiences?" Please email Erin Austin for a handy comparison chart.



TRAVEL TO VIENNA

PERFORM WITH CSU CHOIRS & PHS

CHOIRS

- VIENNA, SALSBERG, AND MORE
- PERFORM IN ANCIENT CITIES
- SITE SEE WITH PRIVATE TOUR GUIDES
- MAY 31-JUNE 8, 2026
- ALL PHS STUDENTS ELIGIBLE
CLASSES OF 2026, 2027, 2028,
2029, 2030

POUDRE
CHOIR

EMAIL LONOWSKI FOR DETAILS

dlonowski@psdschools.org

GET READY TO

Spark INNOVATE & CREATE



Love innovation? Love entrepreneurship? Love seeing new ideas come to life?

Don't miss this unique high energy event that will **SPARK** your inner-creative to solve real-world problems and take your ideas to new heights.

SPARK: One-Day Youth Business & Innovation Event

This one-day event is for middle and high school students who are interested in bringing a business idea to life or bringing entrepreneurship and innovation to their school. Students may come solo, as a club, or part of a class.

Students will learn and practice: design thinking, entrepreneurship tools, and creative prototyping. Students will also have an opportunity to learn how they can pitch a business or biz-focused idea to the OtterCares Foundation to receive money to bring their idea to life.

9:00 am
Registration, Snacks, & Tours

9:30 am
Welcome & Agenda

10:00 am
Innovation Challenge (Pt. 1)
BMC, Ideation, & Human-Centered Design

BREAK

11:00 am
Innovation Challenge (Pt. 2)
Ideas to Reality

12:00 pm
Lunch & Hack-a-T-shirt

1:00 pm
Business Plan Workshops
Mentor Input, BMC, & Pitch Basics

BREAK

2:30 pm
Next Steps & Wrap Up
Seed Fund Prep & Information

3:00 pm
Closing & Pick Up

WHEN

October 4, 2024
Friday
9:00am - 3:00pm

WHERE

Nancy Richardson
Design Center
522 W Lake Street
Fort Collins, CO

HOW

Register Online
<http://tiny.cc/sparkconf>
See website about
scholarship information



Sponsor This School!

YOUR NAME HERE

Click [HERE](#)
Contact Us
Today!

Rob Mangelson
(720) 878-4107

Rob@tsacolorado.com

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