

POUDRE HIGH SCHOOL

POUDRE SCHOOL DISTRICT

201 S. Impala Drive, Fort Collins, CO 80521 Phone 970-488-6000 | Attendance 970-488-6002

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I AM WHO I AM BECAUSE OF WHO WE ARE

IMPALA PRIDE BULLETIN

Principal Carey Christensen

Assistant Principal Bryan Kiel

Assistant Principal Activities Director Kendall Wilson

Assistant Principal Athletic Director Will Cantwell

> IB Director Andy Liddle

Dean of Students
Nick Holley









Advertising in this newsletter does not imply recommendation or endorsement by Poudre School District



MESSAGE FROM PHS ADMIN

Poudre Parents,

October brings with it cooler temperatures, changing colors, and a sense of accomplishment as we near the end of our first quarter on October 16th. We encourage parents and guardians to stay connected with their student's progress in classes by using ParentVue and supporting students in finishing the quarter strong!

October is a month full of events and activities including Homecoming, concerts, days off and Impalaween! Here are the specific dates and times for our events this month:

- ➤ October 7th-9th: Colorado Free Application Days
- ➤ October 7th, Tuesday from 6:00-7:30 PM: Out of state college fair
- ➤ October 10th, Friday: Picture retakes
- ➤ October 7th Tuesday at 7:00 PM: Vocal Concert
- ➤ October 15th, Wednesday, at 6:00 PM: Instrumental Concert
- ➤ October 17th, Friday: NO SCHOOL for students and a workday for teachers
- ➤ October 18th, Saturday from 10:00 AM-12:00 PM: Impalaween, which is a fun and safe way to trick or treat for the community.
- ➤ October 20th, Monday: NO SCHOOL for students and staff
- ➤ October 22nd, Wednesday morning: PSAT NMSQT
- ➤ October 21st-25th: Homecoming week
 - Powder Puff game, Car Show, Football Game, Homecoming Dance and much more!

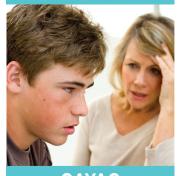
Happy fall and please, make sure to read our weekly Poudre Power Ups for up-to-date information. Go Poudre!

Sincerely,

Poudre Administration



Is it just a phase?



CAYAC
Child, Adolescent, and
Young Adult Connections

Helping youth and families find answers, options and support.



970-221-3308



The School Communications Agency

Supporting Schools & Local Businesses

OCTOBER COUNT

Today is the day! October Count is here and it's important for our school community. **October Count** is Wednesday, October 1st; this is the day when the number of students present at each school and in each district are submitted to the state. In full transparency, the attendance numbers on this day determine the funding that PSD receives to keep schools open and full of the programming that families and staff count on.

What if a student is absent on October 1, 2025? Are there ways to demonstrate that they are students at PHS? Yes!

- ° There is a window from about September 24 to October 3, 2025, that the following can be used to demonstrate that a student attends PHS:
 - A student who picks up breakfast/lunch during the October Count window.
 - A student who hands in an assignment during the October Count window.

Go to https://www.myschoolapps.com/Application

MySchoolApps - Select District

Select Your School District Please select the school district that your child or children are enrolled in. This must be the school district in which you will be applying for benefits for your children. Search

www.myschoolapps.com

2025 PSAT/NMSQT— OCTOBER 22ND

(Preliminary SAT/National Merit Scholarship Qualifying Test)

WHO: Primarily for any 11th grader considering college after high school, but 10th graders may also take it. *Priority is given to 11th graders; 10th graders will be wait-listed.

WHY: Taking the PSAT can make 11th graders eligible for the National Merit Scholarship and is excellent preparation for the SAT college entrance exam.

WHEN: Wednesday, October 22, 2025 Check-in 8:30am Testing 9:00am – 1:00pm

WHERE: Main Gym

REQUIRED: Regular and Late Registration takes place with Poudre's cashier, Mrs. Malm. Registration for the PSAT will take place Sept. 8, 2025, through Oct. 10, 2025, until 4:00 pm. The registration fee is \$20.00. It is to your advantage to register for the PSAT as soon as possible so that you can use the materials you will receive when you register to prepare for the exam. Late registrations will be available on a space available basis.

HURRY: We are limited to 120 test takers!!

NOTE: If you have special needs or a 504 PLAN, see your counselor ASAP. Unless you've completed the necessary special accommodations application and documentation process with College Board, it is unlikely that you will be able to receive special testing accommodations.

COLORADO FREE APPLICATION DAYS

Planning to apply to a college/university in Colorado? Plan to submit your application on one of the Colorado Free Application Days. Submit your application on **October 7-9, 2025,** and your application fee will be waived. If you are not ready to submit on these days, you can submit your application any time following the college/university deadlines and pay the application fee.

Public & Private Four-Year Colleges and Universities Each public & private four-year college and university will have a unique fee waiver process.

- Some will ask you to submit codes,
- Others will ask you to select an answer from a dropdown menu, and
- Some have no special instructions or have no fee yearround.

Please read instructions carefully as you prepare to submit applications on Tuesday, October 7, 2025, through midnight of Thursday, October 9, 2025

Follow this link for the instructions of how to enter the application fee waiver code for each university.

https://cdhe.colorado.gov/colorado-free-application-day-instructions#participating-private-college

Colleges that are free to apply every day:

- All Community Colleges
- Adams State University
- Colorado College
- Colorado State University
- Metropolitan State University
- Regis University
- Western Colorado University



PARENTS OF SENIORS!

My name is Gina Holley. I have been an English teacher at Poudre High School for 27 years. This year, I am on a COSI (Colorado Opportunity Scholarship Initiative) grant to support seniors with the college application process. This might include support with writing their college essay, exploring educational options, help with admissions applications, picking a school and a major, researching scholarships, applying for the WUE (Western Undergraduate Exchange), filling out the FAFSA for federal student aid, and more! Since it is a district grant, I will also support students at Fort Collins High School and Polaris. I will be available to students at Poudre by appointment and on Wednesday afternoons. I am also a parent of a senior, so I am excited about the opportunity to support Poudre seniors. Contact me with questions:

rholley@psdschools.org







Important Upcoming Dates for SENIORS!

OCTOBER 1: FAFSA (Free Application for Federal Student Aid) opens October 1st. Students need to create an account and then invite parents.

OCTOBER 7, 8, 9: Free Colorado Application Days. Students can apply to most Colorado schools without having to pay the application fee. Take advantage of this opportunity!

OCTOBER 7: Out-of-state College Fair at Poudre High School, 6:00-7:30

OCTOBER 22: Financial Aid Application Completion Night, Ammons Hall, CSU, 5:30-7:30

TIMELINE SUGGESTION: Seniors should request letters of recommendation, finish their college essay, and complete the Common App by October 7 so they can apply to Colorado schools for free.





Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

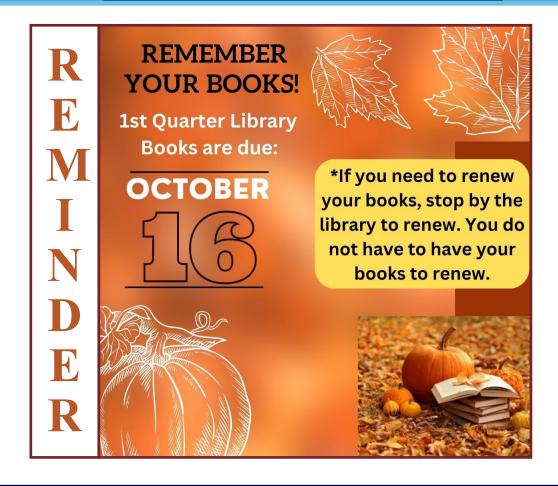
Want to sponsor this school?

Please contact
Rob Mangelson at

Rob@tscacolorado.com or
(720) 878-4107.

FAFSA





SRO CORNER: OCTOBER 2025

Happy Fall! We are over a month into a new school year, and the SRO team wanted to remind everyone to drive safely. The streets around schools have a speed limit of 20 MPH during morning, afternoon and midday hours. Regardless, you should always drive cautiously around schools as students may be coming and going anytime throughout the day.

Not only is it important to drive slowly, but it is imperative to pay attention to your surroundings. Students arrive in vehicles and students also walk, bike or scooter to school. Take time to look twice before you turn, watch the crossing guards and give space to the vehicles in front of you. City of Fort Collins ordinances allow bicyclists on sidewalks, so please pay extra attention to any pedestrian crossing areas for both walkers and bikers. Also be aware of street signage around your schools. For example, please do not U-turn where there are "no U-turn" signs. It might be inconvenient, but the signs are there for the safety of you and others around the schools.

Give yourself enough time for pick up or drop off so that you aren't rushing, especially on adverse weather days. Please stay off cell phones while driving and avoid dropping students off in non-designated areas. Students and drivers should remain seat belted until they are ready to exit a stopped vehicle. We also ask the pedestrians to use caution when walking to school. Pay attention to the cars, use designated crosswalk areas and wear helmets if you are on the move!



SRO Josh Golden

You will see your SRO's or other Police Officers around schools conducting traffic education and enforcement. Remember, we are all partners in creating safe roadways for our students, families and staff.

As always, reach out to your SRO for any other questions!

Thank you and stay safe.

ICT OF THE MONTH

IMPORTANT ANNOUNCEMENT!





During the month of October we are celebrating our

Reflective Impalas!

HERE'S HOW YOUR STUDENT CAN BE REFLECTIVE AT POUDRE:

- THINK ABOUT YOUR ACTIONS AND CHOICES TAKE TIME TO CONSIDER HOW YOUR BEHAVIOR AFFECTS OTHERS AND HOW YOU CAN GROW FROM YOUR EXPERIENCES.
- SET PERSONAL GOALS AND TRACK YOUR PROGRESS REFLECT ON WHAT YOU'RE DOING WELL AND WHERE YOU CAN IMPROVE, BOTH ACADEMICALLY AND SOCIALLY.
- LISTEN TO FEEDBACK AND USE IT TO IMPROVE BE OPEN TO ADVICE FROM TEACHERS AND PEERS, AND USE IT AS A TOOL TO BECOME A BETTER LEARNER AND FRIEND.

How Families Can Encourage the Trait of Being Reflective at Home:

- Ask thoughtful questions about the school day
 Encourage reflection by asking open-ended questions like, "What was something that challenged you today?" or "What's one thing you might do differently tomorrow?"
- Model reflective behavior
 Share your own experiences and talk about lessons you've learned from both successes and mistakes. This helps children see the value of thinking things through.
- Create space and time for reflection
 Set aside quiet moments—whether during dinner, bedtime, or after school—for your child to talk, journal, or simply think about their day. Reflection becomes easier when it's part of a daily routine.

PHS 2025 HOMECOMING WEEK





A Letter from PHS Student Council Co-Advisors

We are so excited for Homecoming this year! Here is all of the important information you need to know for the week. If you have any questions, reach out!

Stephanie Gutierrez stephanieg@psdschools.org

Chantal Bouveron cbouveron@psdschools.org

EVENTS AT A GLANCE

Tuesday 10/21 Whole School Assembly

Wednesday 10/22 Powderpuff Football Game

Admission: Students are free, Adults we ask for a donation of any amount to the Feed Our Families Food Drive.

Food will be available for purchase.

Thursday 10/23

Homecoming Car Show Admission: Free! Concessions will be available for purchase

Friday 10/24

Homecoming Tailgate & Football

Saturday 10/25

Homecoming Dance Tickets are \$10 in advance and \$15 at the door



Photo from the Homecoming Assembly 2024

Tuesday, October 21st

Spirit Day: "We're Going on an Adventure," wear your outdoor hiking clothing or gear.

Tuesday's event will be our first whole-school assembly of the school year where we will start the week off with some Poudre Pride!



Photo from the Powderpuff Game in 2024

Wednesday, October 22nd

Spirit Day: "Around the Campfire," get cozy and wear your comfy, loungewear clothes to school.

Wednesday's event will be the Powderpuff Game at the PHS Turf Field from 6:30–8:30 pm. Watch the Junior girls take on the Senior girls in an epic game of Flag Football. Admission for students will be FREE. For adults and other spectators, Student Council asks for a donation of any amount for our annual Feed Our Families Food Drive. We will fire up the grill and have hot dogs available for purchase at the game.

To participate, players need to register by October 3rd. Please visit https://bit.ly/PowderPuffPlayers25 to register.

PHS 2025 HOMECOMING WEEK, continued...

Car Show

Thursday, October 23rd

Bpiytt"Trolls Stole our Backpacks!" Unfortunately during our venture into the forest some trolls stole our backpacks so students are encouraged to bring their items in any school-appropriate container that isn't a backpack. Please help us keep the halls safe by keeping live animals, younger siblings, and any other things that should not be in the halls of Poudre High School at home. For Thursday's event we will be hosting our first ever Homecoming Car Show! Join us from 5:30-7:00 pm in the PHS Parking Lot. Admission to this event is free, but there will be concessions available for purchase.

If you or your student is interested in entering the car show, please register at http://bit.ly/4gtA7V6. There is a \$5 entry fee for participants.





Studentsectionatafootball game in 2025

Friday, October 24th

Spirit Day:"Hidden in the Forest"wearyour camo and/or black to blend in for our survival! Friday's event will be the Homecoming Football Game at French Field. Join us for a Tailgate before the game from 5:00-6:30 pm. The tailgate will be free for all. Join us in some fun lawn games to kick things off. We will also have a face-painting table to help get everyone ready for the big game.



PhotoofstudentsataPHSDance

Saturday, October 25th

Joinus foraNightintheForest,our2025Homecoming Dance! Tickets for the dance will go on sale on Monday October 13th through Friday October 24th. They will be sold ONLY during lunch in the flag hallway. Ticket will be \$10 October 13th-24th and will be \$15 at the door on October 25th. If your student would like to bring a guest they are welcome to Students can bring ONE guest. Please have them pick up a guest pass form from the front office and complete the form BEFORE purchasing their ticket.

PHS 2025 SEMANA DE BIENVENIDA





Una carta de los coasesores del consejo estudiantil de PHS

¡Estamos muy emocionados por la bienvenida a clases este año! Aquí tienes toda la información importante que necesitas saber para la semana. ¡Si tienes alguna pregunta, contáctanos! Stephanie Gutierrez stephanieg@psdschools.org

Chantal Bouveron <u>cbouveron@psdschools.org</u>

EVENTOS A UN VISTAZO

Martes 21 de Octubre
Asamblea de toda la escuela
Miercoles 22 de Octubre
Partido de futbol american

Partido de futbol americano "powderpuff"

Admisión: Estudiantes entran gratis. A los adultos les pedimos una donación de cualquier cantidad para la campaña de recolección de alimentos "Alimenta a Nuestras Familias". Comida estará disponible para la compra.

Juves 23 de Octubre Exhibicion de autos de "homecoming"

Admisión: ¡Gratuita! Habrá venta de comida y bebidas.

Viernes 24 de Octubre

Reunion de Homecoming y juego de futbol americano.

Sabado 25 de Octubre

Baile de Regreso a clases (Homecoming)
Los boletos cuestan \$10 por adelantado y \$15 en la puerta.



Asamblea de bienvenida 2025

Martes 21 de Octubre

Dia del espiritu: "Vamos a una aventura," usa tu ropa para una caminata en el exterior.

El evento del martes será nuestra primera asamblea de todo el año escolar, donde comenzaremos la semana con un poco de "Orgullo Poudre".



Powderpuff 2024

Miercoles 22 de Octubre

Dia de Espiritu: "Alrededor de la fogata," ponte ropa comoda y abrigadora para venir a la escuela.

El evento del miércoles será el partido de fútbol americano "powderpuff" en el campo de PHS de 6:30 pm a 8:30 pm. Mira a las chicas del grado 11 enfrentarse a las del grado 12 en un épico partido de fútbol americano de bandera. La admisión para estudiantes será gratuita. Para los adultos y otros espectadores, el consejo estudiantil solicita una donación de cualquier cantidad para nuestra campaña anual de recolección de alimentos "Alimenta a Nuestras Familias". Cocinaremos a la parrilla y tendremos hot dogs (perritos calientes) disponibles para la compra en el partido.

Para participar, los jugadores necesitan de registrarse antes del 3 de Octubre. Porfavor visita https://bit.ly/PowderPuffPlayers25 para registrarse.

PHS 2025 SEMANA DE BIENVENIDA, continuado...

Exhibición de Autos

Jueves 23 de Octubre

Día de espíritu: "¡Los trolls robaron nuestras mochilas!" Lamentablemente, durante nuestra aventura en el bosque, algunos trolls robaron nuestras mochilas, por lo que se anima a los estudiantes a traer sus artículos/útiles escolares en cualquier contenedor apropiado para la escuela que no sea una mochila. Porfavor, ayudenos a mantener los pasillos seguros manteniendo en casa a los animales vivos, a los hermanos menores y a cualquier otra cosa que no deba estar en los pasillos de Poudre High School.

Para el evento del jueves, organizaremos nuestra primera exhibición de autos de "homecoming". Acompáñenos de 5:00 pm a 7:00pm en el estacionamiento de PHS. La entrada a este evento es gratuita, pero habrá venta de comida y bebidas. Si usted o su estudiante está interesado en participar en la exhibición de autos, por favor regístrese en http://bit.ly/4gtA7V6. Hay una cuota de inscripción de \$5 para los participantes.



El juego de Homecoming

Viernes 24 de Octubre

Día de Espíritu: "Escondidos en el bosque". Usa tu ropa de camuflaje y/o negra para camuflarte para nuestra supervivencia.

El evento del viernes será el partido de fútbol americano de "homecoming" en el French Field. Acompáñanos a una fiesta en el estacionamiento antes del partido de 5:00pm a 7:00pm. La reunión será gratuita para todos. Acompáñenos a algunos juegos divertidos en el césped para dar inicio a la diversión. También tendremos una mesa para pintar caras para ayudar a que todos se preparen para el gran partido.





Baile de regreso a clases (Homecoming)

Sabado 25 de Octubre

¡Acompáñanos a una Noche en el Bosque, nuestro baile de "Homecoming" de 2025!

Las entradas para el baile estarán a la venta a partir del lunes 13 de octubre hasta el viernes 24 de octubre. Estarán a la venta SOLAMENTE durante el almuerzo en el pasillo de las banderas. Las entradas tendran un costo de \$10 de octubre 13 al 24 y costaran \$15 en la puerta el dia 25 de octubre.

Si su estudiante desea traer a un invitado, son más que bienvenidos. Los estudiantes solamente pueden llevar a UN invitado.



Jostens

FALL CHORAL CONCERT

What: Choir Concert 7pm

When: Tuesday, Oct. 7

Who: Poudre High School Choirs: Impressions, Impromptu, Special Edition & Impalaphonics

Where: Poudre High School Auditorium

For More Details: Contact the choir director David Lonowski at dlonowski@psdschools.org



Support Poudre High School Athletics



American Furniture Warehouse Giving Back School Rewards

When you purchase items at American Furniture Warehouse, mention Poudre High School Athletics at the time of your purchase, 2% of the net purchase will be donated back to our Athletic department.



You can Link your King Soopers Rewards account to Poudre High School Athletics.

- 1. Sign in to your digital account.
- $2.\,Search\,for\,your\,organization.$
- 3. Enter the name or NPO number of the organization you wish to support.

"Poudre High School Athletics"

4. Select the appropriate organization from the list and click "Save".

Your selected organization will also display in the King Soopers Community Rewards section of your account. If you need to review or revisit your organization, you can always do so under your Account details.

Any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to Poudre High School Athletics at no added cost to you.

Thank you for helping support Poudre High School Athletics.

Will Cantwell Athletic Director Cindy Smith Athletic Assistant







PHS Winter Sports 2025-26



<u>Orange Card</u> "Permit to Tryout & Participate" cards will be issued for the winter season starting Monday October 20th. Monday through Friday 8:00am–4:00pm at Cindy Smith's desk in the front office. You must have an orange card to start tryouts.

To receive an Orange Card

- 1. Bring a paper copy of your current physical (if you don't have a current one on file in the Athletic office) Make sure it is signed by a parent/guardian and athlete
- 2. Complete the online registration through Sports Engine at www.psdathletics.org
 - a. Hover over High School
 - b. Click on HS Online Registration
 - c. Click on the blue box: Register Poudre High School on the right-hand side
 - d. Scroll to the bottom of the page, click sign in or create an account
 - e. When you have completed the form, it will say "WOOHOO! YOUR'RE ALL SET"
- 3. Payment on www.schoolpay.com (there will be a credit card fee) or pay the cashier at Pouder.
- 4. Check in with Cindy Smith so she can check your grades and classes.

<u>ALL</u> 4 Steps are required to receive an Orange Card. You will not be allowed to tryout or participate if all 4 steps are not completed.

Winter Online Registration opens October 20th and closes 12/5/25. Please do not wait until the last minute to complete the 4 steps above.

Athletic Participation Fee

PHS Students
\$220.00 per sport no family max

Charter/ Home or Private School Students
\$320.00 per sport no family max

If a student athlete is not offered a spot on a team, the athletic fee will be reimbursed in full. Students who meet federal guidelines for the free or reduced lunch program will have the participation fee waived; you will still have to go through the payment process online.

Eligibility

Eligibility will be checked at the beginning of each season. Eligibility is determined based on previous semester grades earned. Athletes identified as failing two or more classes during the previous semester will be ineligible for sports until the regain date. All sports have different regain dates.

PHS checks athletic eligibility on a weekly basis. Athletes identified as failing two or more classes will be declared ineligible and will lose one week of eligibility, beginning on the following Monday through Saturday.

For any questions with regards to eligibility, contact Cindy Smith cindys@psdschools.org

PHS WINTER SPORTS 2025-26, continued...

Communication

You can check for sport schedules and updates at www.frontrangeleague.org and select Poudre. Follow us on Instagram: @runcacherun

We use social media for many updates and celebrations so please follow us!

Boys Wrestling

Coach Barrett Golyer 488-6047, C: 970-217-8425 bgolyer@psdschools.org

- Mandatory Parent Meetings (and 1st year Poudre wrestlers)
 Tuesday, October 17th <u>OR</u> October 21st (choose one) 6:00-6:45pm PHS Events Center
- Pre-Season Open Mats Thursday & Friday 4:30–6:00pm
- First Official Day: November 17th 4:30-6:15pm (MUST have orange card to participate)
- Tryout dates and times: Blue and Silver "Wrestle-Offs" November 25 6:00pm Main Gym
- Booster Meeting for parent support 10/7/25 at LaPorte Pizza 6:30-7:15pm

Girls Wrestling

Coach Desiree Kendall 970-817-0157 dkendall@psdschools.org

Coach Joshua Beck 970-566-2122 joshuab@psdschools.org

- Mandatory Parent Meeting October 15th, 6:00–7:30pm PHS Events Center
- Preseason Open Mats: Thursdays & Fridays 4:30 6:00pm
- Preseason Camp/Tryouts: October $10^{th} 14^{th}$, 4:45 6:30pm
- First Official Day: November 17th 6:00–8:00 pm
- No experience required! Come try out an amazing sport! Do not hesitate to reach out with any questions

Boys Basketball

Coach Jeff Brubaker jebrubak@psdschools.org

- Pre-Season Open Gym: Mondays and Wednesdays 6:00 -8:30pm Happening Now
 - o Open Gym on 10/21 4:30-6:30pm (No school on 10/20)
- Team Camp November 3rd-6th 6:40-8:40pm

November 10th-13th 4:30 -6:30pm

- Tryouts: November 17th-19th 6:40-8:40pm
- Parent Meeting: November 20th 5:30-6:30pm in the Event Center
- First Official Day: November 17th
- Everyone is welcome and encouraged to attend!

Girls Basketball

Coach Jeff Schelly jschelly@psdschools.org

- Pre-Season Team Camp:
 - o November 3rd-6th 4:30-6:30pm
 - o November 10th-13th 6:30-8:30pm
- Tryouts: November 17th-19th 4:30-6:30pm
- First Official Day: November 17th.
- Parent Meeting: November 20th 6:45-7:45pm in the Event Center

Please send Coach Schelly an email to be added to our TeamSnap. Anyone is encouraged and welcome to attend.

PHS WINTER SPORTS 2025-26, continued...

Nordic Skiing

Coach Kyle Steitz <u>coachkylesteitz@gmail.com</u>
Website <u>https://psdnordicski.weebly.com/</u>

Informational meeting:

First Official Day: November 17th

Girls Swimming

Coach: TBA
Parent Meeting:

First Official Day: November 17th

We will have more information at a later date

Ice Hockey-Housed at Fort Collins High School

Coach: Riley Nelson rileyn@psdschools.org

You will still complete all your steps at Poudre High School

First Official Day: November 10th

Unified Basketball

Coach: Wendi Miller 970-488-6204 wendim@psdschools.org

Unified Basketball Will start in January, and more information will be shared as we get closer

Juniors and Seniors only as Partners

Cindy Smith
Poudre High School Athletic Assistant
(970)488-6014 / cindys@psdschools.org





Contact Kirstan Morris with questions.

kirstanm@psdschools.org





Deadlines for Student Travel Opportunities



PHS trip to Paris, London, & Edinburgh

- Type of trip: tourist-style, PSDsponsored
- Deadline: 9/25 for September's price, but students may still apply!

CIEE High School Summer Abroad

- Type of trip: study abroad; <u>NOT</u> PSDaffiliated
- Deadline: 11/1 for the free flight raffle
- Deadline: 1/21 for scholarships

Global Leaders

- Type of trip: service; <u>NOT</u> PSD-affiliated
- Deadline: 10/8

WORK-BASED LEARNING AT POUDRE HIGH SCHOOL

Career planning is never too early to begin. Our goal is for every Poudre High School student to graduate with an idea—a plan and options—for what comes next after they cross the graduation stage. As your Work-Based Learning Coordinator, I, Jen Musci, help students explore their next steps. That might mean an internship at UCHealth, a career tour with the City of Fort Collins Utilities Water Resources Division, or a one-on-one conversation to narrow down potential fields of interest. I'm here to support your student on their journey.

Upcoming possibilities

- Manes Machine and Engineering Informational Interview
- Tolmar Industries Machine Technician Apprenticeship
- Eger CPA Informational Interview
- Amazing Athletes Job Shadow
- PSD just posted a paid internship for PSD students that want to be teachers or counselors.
- We're working on internships/apprenticeships with local electricians and HVAC and would love to develop more

How do I find this information?

- Students can log onto Xello. Under Explore, select Opportunities. This is where paid and unpaid jobs, internships, apprenticeships, and career tours are posted.
- I share weekly information on Poudre Herd TV
- There are advertisements on the TV's around the building
- I have a board outside my desk in the front office which we update weekly with jobs and internships

As a parent, what can I do right now?

- Encourage your student to explore careers now—while the stakes are low and before they invest in a four-year degree for a field they may not enjoy.
- Talk at the dinner table about people you know who love their work and why.
- At this stage, it helps to think broadly about careers. We can look at specific jobs later, once your student has a sense of the type of work they enjoy. The Holland Code (RIASEC) highlights six broad interest areas that guide career choices:
 - Realistic Hands-on, practical work with tools, machines, or the outdoors
 - Investigative Problem-solving and exploring ideas, science, or data
 - Artistic Creative expression through art, writing, design, or performance
 - Social Helping, teaching, or supporting others through interaction
 - Enterprising Leading, persuading, or managing people and projects
 - **Conventional** Organizing, planning, and working with details or systems.
 - Most people show a blend of three main areas, which together point to careers that match their interests and strengths.
 - Jen Musci, Work Based Learning Coordinator, jmusci@psdschools.org





How to Guide for Families/Parents

Poudre School District

Xello is the platform Poudre School District utilizes to help students in grades 5–12 create their very own ICAP (Individual Career and Academic Plan). Students are able to discover their own personalized pathway through self-knowledge, exploration, and planning.

NEW TO XELLO? REQUEST ACCESS TO A FAMILY/PARENT ACCOUNT:

- 1. Go to www.psdfutureready.org/xello Click on "REQUEST ACCESS" under the parent/family section
- 2. Check your email for a confirmation email your for a link to connect your account
- 3. Your username is your email and you will create your own password.
- 4. Email your school counselor if you aren't able to get access

ALREADY HAVE AN ACCOUNT? LOGIN TO YOUR FAMILY/PARENT ACCOUNT:

- 1. Go to www.psdfutureready.org/xello Click on the "PSD FAMILY LOGIN" button
- 2. Enter your email as the username and password.
- If you forgot your password click "HAVING TROUBLE SIGNING IN" to reset your password

CUSTOMIZE YOUR XELLO PROFILE:

- 1. Click on your avatar in the top right corner of your Xello profile
- 2. Click on ACCOUNT, then UPDATE AND ADD CONTACT INFO AND A PROFILE PICTURE

CHANGE THE LANGUAGE IN A DEMO STUDENT ACCOUNT TO SPANISH:

- From the Xello homepage, click on the avatar in the top right corner of the Xello profile and then click CHANGE LANGUAGE
- Choose your preferred language.

VIEW YOUR CHILD'S PROFILE:

- 1. Check out the work your child has completed. Click on their name to begin.
- 2. If you have more than one child using Xello, they'll each have their own profile that you can review.

TRY XELLO YOURSELF:

- From the Xello homepage click **DEMO STUDENT** and select a grade to start exploring. Use this
 opportunity to experience firsthand what your child is working on in school.
 - High School Families: Explore careers, colleges, find internships, scholarships & financial aid, prep for ACT and SAT

9th	10th	11th	12th
 Talk about your job What friends and family do The importance of GPA Xello personality quiz (what types of work 	 Job shadows Career tours Plan to take exploratory classes 11th grade 	 Talk about career vs college Research schools Research programs Think about the future of jobs (AI) 	 Apply to schools Apply to FAFSA College Fair at Mall and PHS Career fair in May Straight to career, begin in March



POUDRE HIGH SCHOOL PERFORMING ARTS

HADES TION

BY ANAIS MITCHELL

To the world, we dream about, and the one use live in now.



NOVEMBER 7 & 8 AT 7:00 NOVEMBER 13 & 14 T 7:00 NOVEMBER 15 AT 2:30 POUDRE HIGH SCHOOL AUDITORIUM











Spring Openings

- <u>Aviation</u> Afternoon Session- 15 PSD Credits (5 Elective, 5 Arts, 5 Science)
 5 Aims Credits
- Networking and CyberSecurity Afternoon Session- 15 PSD Credits (10 Math, 5 ELA) 3 Aims Credits
- <u>Construction</u> Afternoon Session- 15 PSD (5 Arts, 10 Elective) 9 Aims
 Credits
- Manufacturing Afternoon Session- 15 PSD (5 ELA, 10 Elective) 7 Aims
 Credits
- <u>Behavioral Health1</u> Afternoon Session15 PSD(10 ELA, 5 Wellness)
 3 CCA Credits
- Medical Assistant 1 (possible) Afternoon Session 15 PSD (10 ELA, 5 Elective) 5 FRCC

For more information go to: https://www.psdfutureready.org/ctc/