

Welcome to Poudre High's Cafeteria

- Our cafeteria is here for you.
- We serve breakfast and lunch.
- Breakfast is \$1.25, and is served beginning at 7:15 am
- Adult/Staff breakfast entrée \$1.75, drinks extra.
- Lunch is \$2.50, and is served from 10:25 a.m. to 11:00 a.m. and 11:50 a.m. to 12:25 p.m.
- Adult/Staff lunch is \$3.00, milk is included.
- If you have questions or suggestions we want to hear them.



Breakfast is \$1.25

- Includes 1 Entrée
Some examples:

- French Toast & Sausage
- Belgian Waffles & Sausage
- Breakfast Pizza
- Muffin & string cheese
- Cinnamon Roll
- Breakfast Burrito
- Cold Cereal

- Also you get fresh fruit..
- Milk or Juice, or both.



What is a \$2.50 Student Lunch?

- One entrée
- Hot vegetable
- Fresh Fruit
- Salad Bar
- Salad Bar or Fruit
- Milk



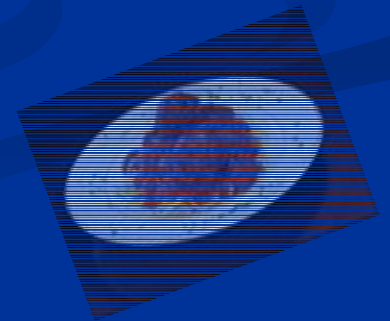
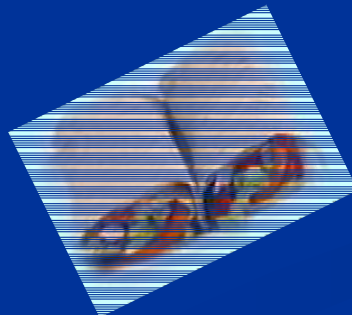
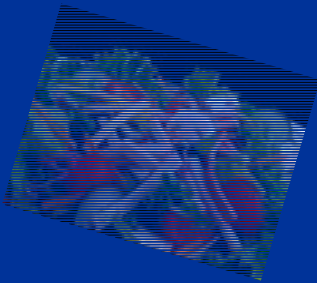
- You must take at least 3 items, you can take up to 5.

We Have Hot and Cold Entrée's

- Cheeseburger or Hamburger
- Chicken Sandwich
- Pizza
- Hotdog or Corndog
- Burrito
- Sub Sandwich
- Tortilla Wrap
- Chef or Chicken Salad



- Salad Bar
- Any Food Item in Clear Plastic containers
- Any entrée available at the main Window
- An extra entrée is \$2.00



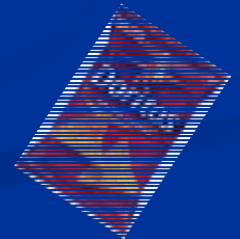
We Have ala Carte Drinks

- Including:
- Bottled Water \$.75
- Gatorade \$1.25
- Propel \$1.25



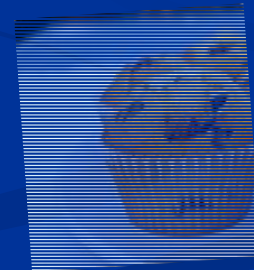
We Have Snack Items

- Baked Lays Chips .75
- Yogurt or String Cheese.50
- A piece of Fresh fruit .50
- Chex Mix .75
- Granola Bar .75



Yummy Bakery Items

- Fresh Baked Otis Spunkmeyer
Chocolate Chip Cookies, Chocolate Brownie,
and Carnival Cookies .50 each
- Otis Spunkmeyer Muffins .75 each

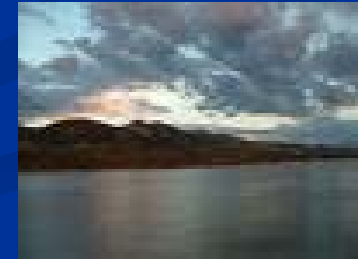


How Free and Reduced Lunches Work

- Anyone who qualifies will receive free or reduced lunches.
- At the beginning of the year forms need to be filled out and submitted. You may apply on line at www.applyforlunch.com. This is the best choice at applying as you will know your status within that day.
- If you are one of the above during the year, you still need to turn a new form in each fall.
- When we receive the forms we will feed you until your status is determined. After September 30th if you have not filled out your form you will be full pay.
- The forms must be completely filled out, or the change will only be temporary.

We're Glad You Are Here!

- We hope you have a great year here, and that you give us a try!
- For more information on how the school lunch program works, go to the following website.
- <http://www.fns.usda.gov/cnd/lunch/aboutlunch/NSLPFactSheet.pdf>



Kitchen Information

- Kitchen Phone; 970-488-6178
 - Manager; Rhonda Robinson
- E-mail; rrobinso@psdschools.org
 - Supervisor; Mark Brewer
 - Phone 970-490-3535
- E-mail; mbrewer@psdschools.org
- I welcome questions or comments!